

## Portland Area Indian Health Service

### Interim Testing Recommendations for COVID-19 (4/6/20)

As testing capability increases in our facilities and in response to the first cases being identified among patients in some PAO Service Units, the following are updated COVID-19 testing recommendations:

1. Expand testing for those with **primary or other common symptoms** if they are in any one of the priority populations identified by CDC.

See <https://www.cdc.gov/coronavirus/2019-nCoV/hcp/clinical-criteria.html>

Primary symptoms include the following:

- Fever
- Cough
- Shortness of breath

Other common symptoms include:

- Fatigue (44-70%)
- Anorexia (40-84%)
- Sputum production (28-33%)
- Myalgias (11-35%)

Less common (<10%) symptoms include:

- Headache
- Confusion
- Rhinorrhea
- Sore throat
- Hemoptysis
- Vomiting
- Diarrhea

### CDC Priority Populations

| Priority Level | Population  |
|----------------|---|
| 1              | Hospitalized patients   |
|                | Symptomatic healthcare workers  |
| 2              | Patients in long-term care facilities   |
|                | Patients 65 years of age and older with symptoms  |
|                | Patients with underlying conditions with symptoms   |
|                | First responders with symptoms  |
| 3              | Critical infrastructure workers with symptoms   |
|                | Health care workers and first responders  |
|                | Individuals with mild symptoms in communities experiencing high COVID-19 hospitalizations |

2. The following additional high priority populations should be tested if they have any symptoms or have known contact with a confirmed or suspected patient with COVID-19 disease:
  - Any detainee in a tribal jail
  - Any staff member working in a tribal jail
  - Elders (those 60 or older)
  - Any patient with a history of autoimmune disease treated with immune-suppressants, any patient undergoing cancer chemotherapy, and any patient with an inherited or acquired immune deficiency; chronic lung disease (COPD, pulmonary fibrosis, asthma); diabetes
  - Anyone who does not fit in the above categories who has recent contact (within 14 days) with a confirmed patient with COVID-19 disease
3. Patients not meeting any above priority populations listed in sections 1 or 2 may be tested if they have multiple primary or common symptoms AND supplies permit.