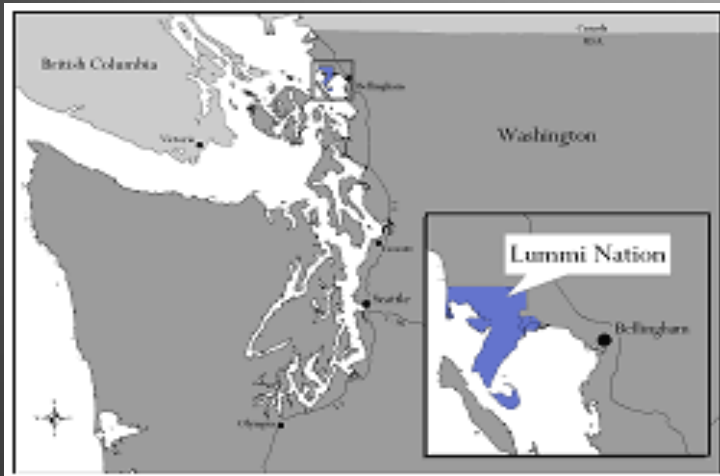


SYRINGE SERVICES AND HCV TREATMENT PROGRAMS AT LUMMI TRIBAL HEALTH CENTER

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The Lummi Tribal Health Center is located in Bellingham, Washington on the Lummi Nation.

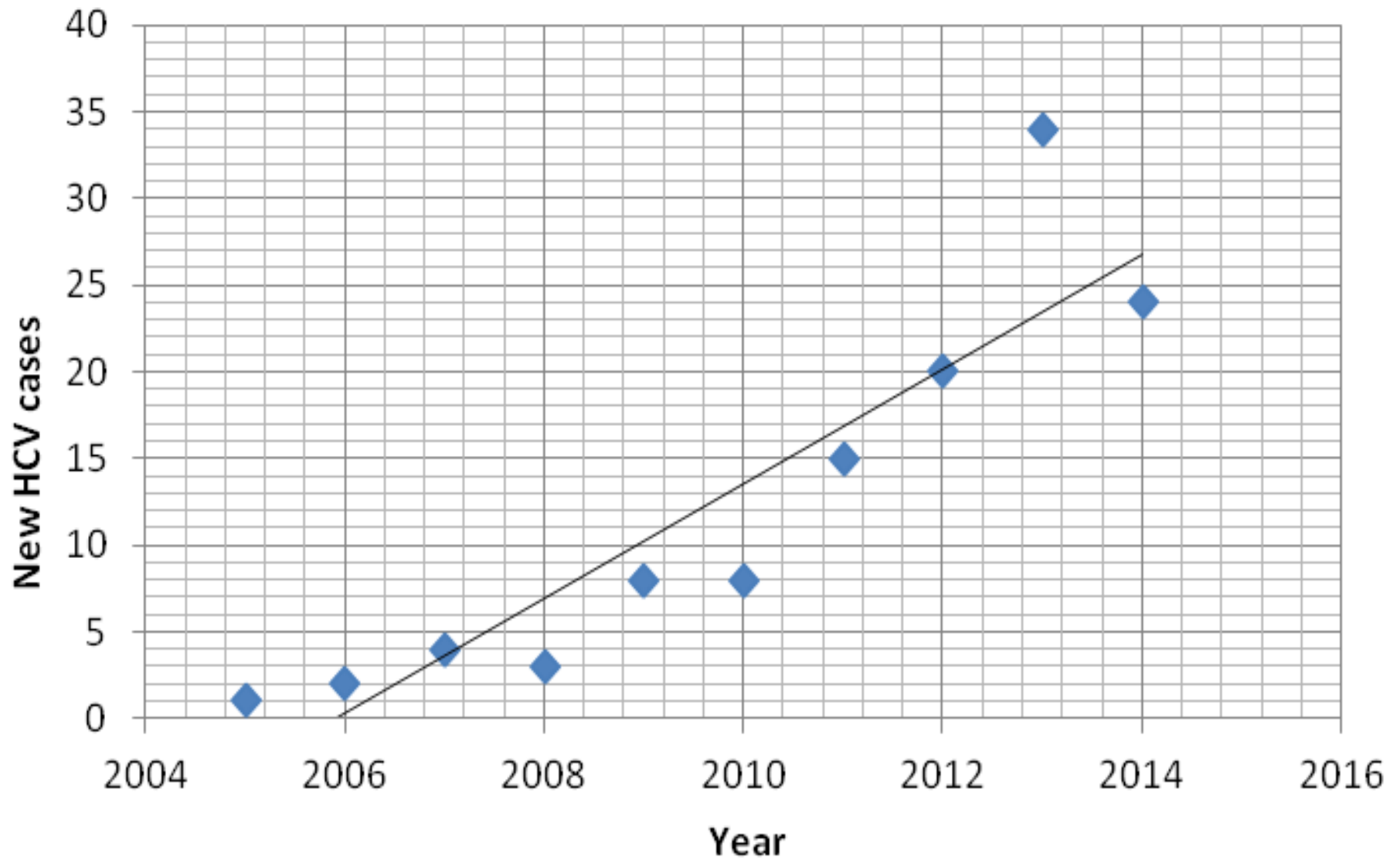


Established in 1978, LTHC serves close to 6,500 patients. The Lummi Nation operates an ambulatory direct care facility under a Self-Governance Compact with the IHS. The center offers general comprehensive medical and dental, mental health and substance abuse counseling, WIC, family planning, community health outreach (CHR) and health education. 60% of LTHC employees are community members.

Overview

In 2012 40% of new HCV cases in Whatcom county were Native American while accounting for only 3.2% of The county's total population.

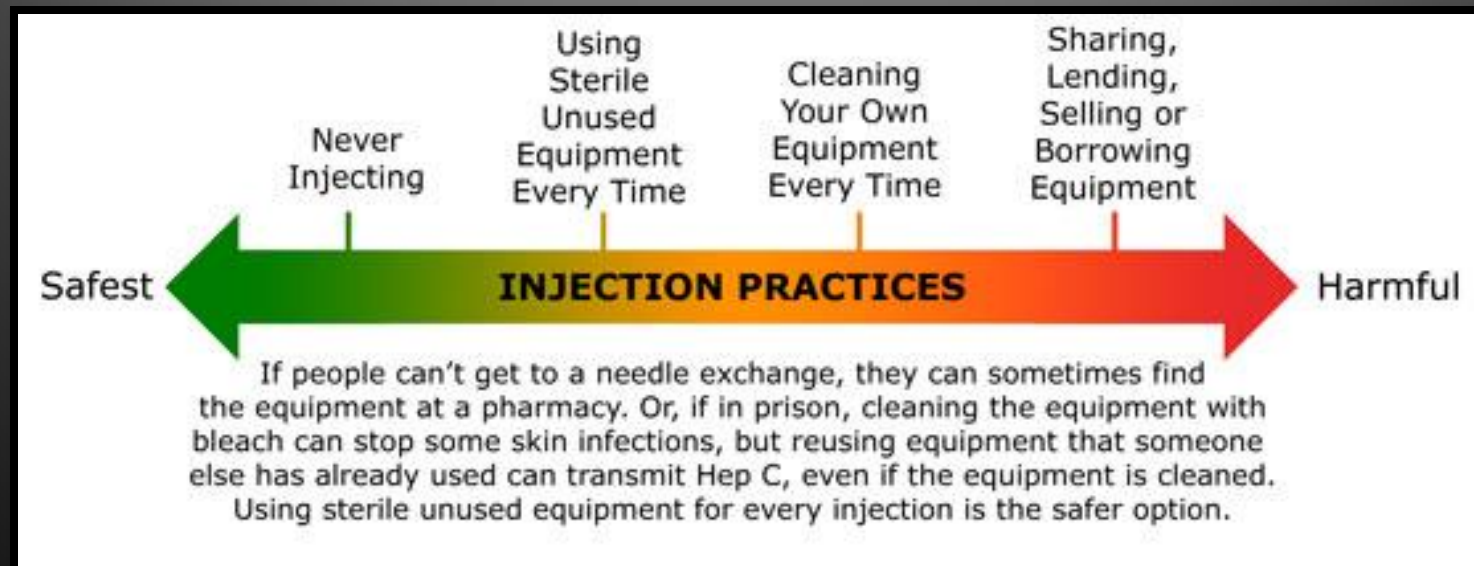
HCV at LTHC



Offering HCV treatment to all patients, including those actively or intermittently injecting, requires an optimization of a syringe program to minimize any future exposures.

Lummi Tribal Health Center (LTHC) offers a Primary Integrated Care Syringe Service Program that allows patients to access harm reduction materials while maintaining anonymity.

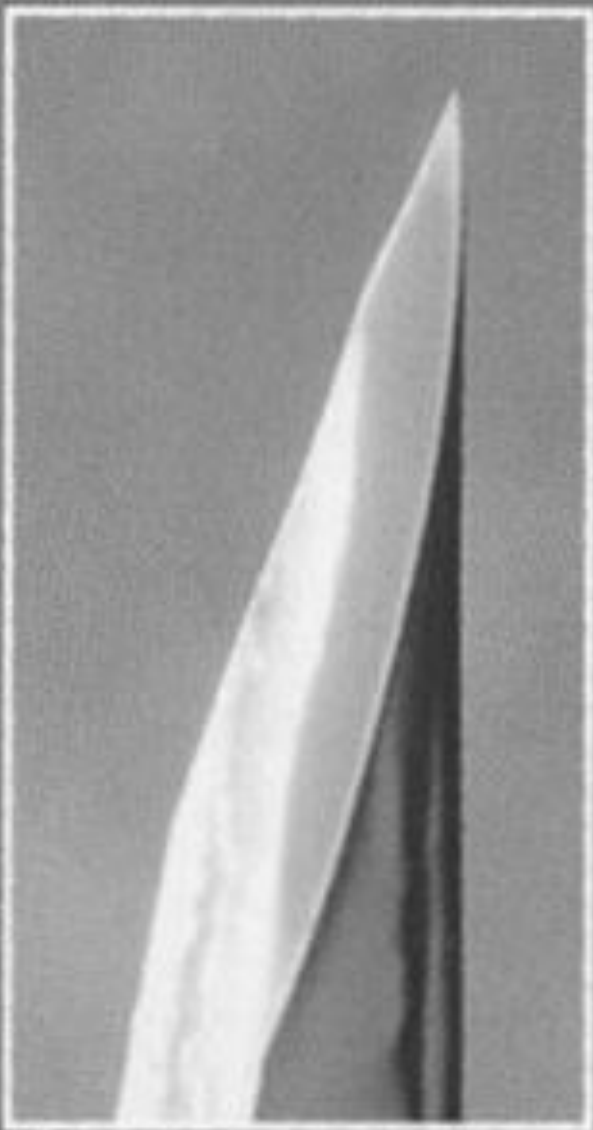
LTHC offers screening and treatment for Hepatitis C through Primary Care Providers participating in ECHO sessions.



Supplies:

- Sterile syringes
- Alcohol prep pads
- Cookers
- Cotton filters
- Sterile water
- Bandages
- Condoms
- Tourniquet
- Narcan

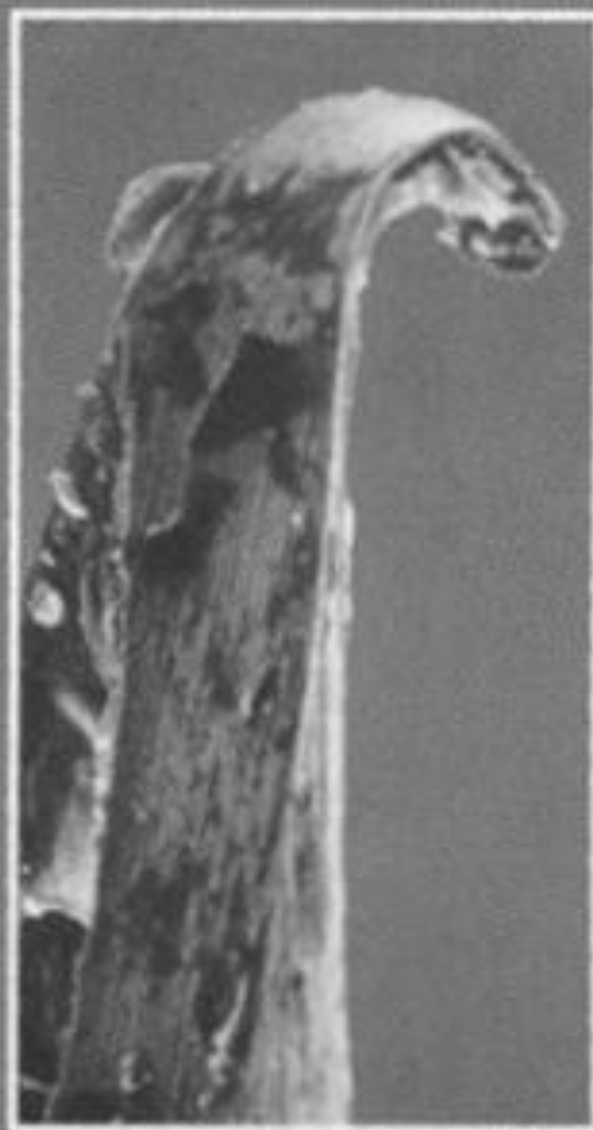




BEFORE USE

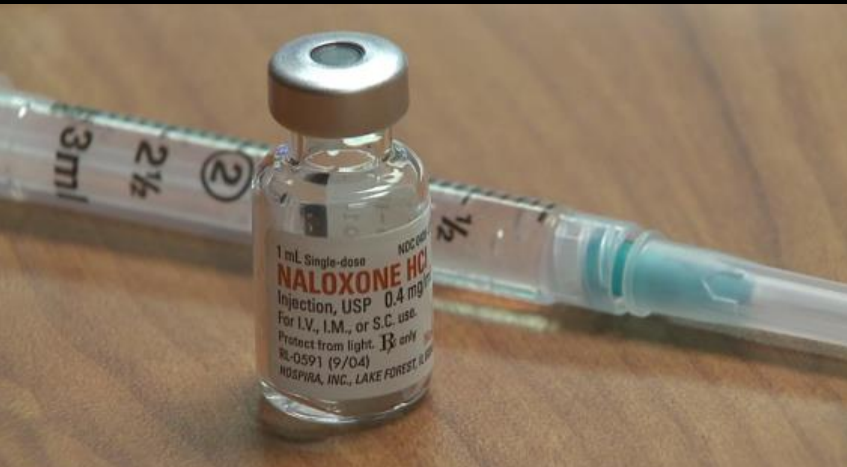


AFTER 1 USE



AFTER 6 USES

Easy and safe access to Narcan



Principles of Harm Reduction

Harm reduction incorporates a spectrum of strategies from safer use, to managed use to abstinence to meet people who inject “where they’re at,” addressing conditions of use along with the use itself. Because harm reduction demands that interventions and policies designed to serve users reflect specific individual and community needs, there is no universal definition of or formula for implementing harm reduction.

<http://harmreduction.org/about-us/principles-of-harm-reduction/>

Basic Harm Reduction Principles

- Accepts, for better and or worse, that licit and illicit drug use is part of our world and chooses to work to minimize its harmful effects rather than simply ignore or condemn them.
- Understands drug use as a complex, multi-faceted phenomenon that encompasses a continuum of behaviors from severe abuse to total abstinence, and acknowledges that some ways of using drugs are clearly safer than others.
- Establishes quality of individual and community life and well-being—not necessarily cessation of all drug use—as the criteria for successful interventions and policies.
- Recognizes that the realities of poverty, class, racism, social isolation, past trauma, sex-based discrimination and other social inequalities affect both people’s vulnerability to and capacity for effectively dealing with drug-related harm.
- Does not attempt to minimize or ignore the real and tragic harm and danger associated with licit and illicit drug use.

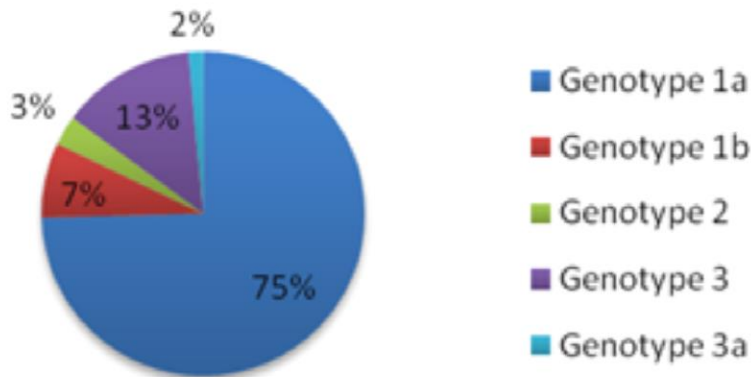


Human-centered design. Meeting people where they are and really taking their needs and feedback into account. When you let people participate in the design process, you find that they often have ingenious ideas about what would really help them. And it's not a onetime thing; it's an iterative process.

— *Melinda Gates* —

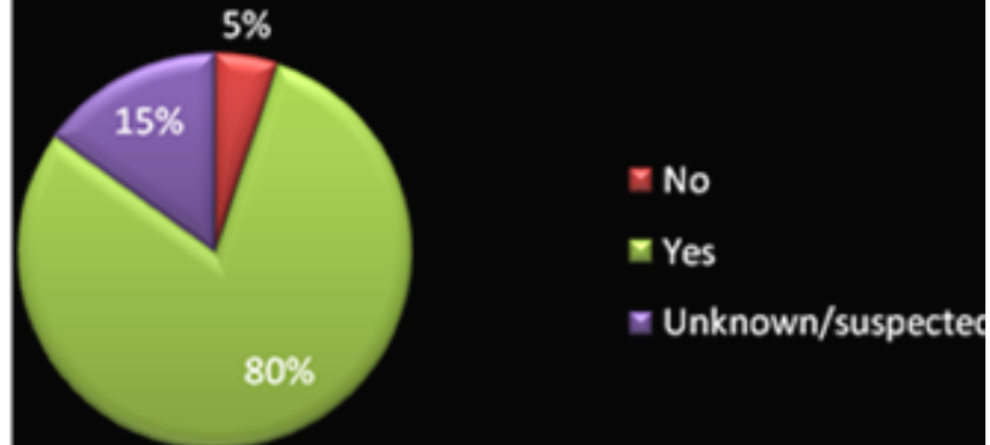
So, Where Are They At?...

Genotypes

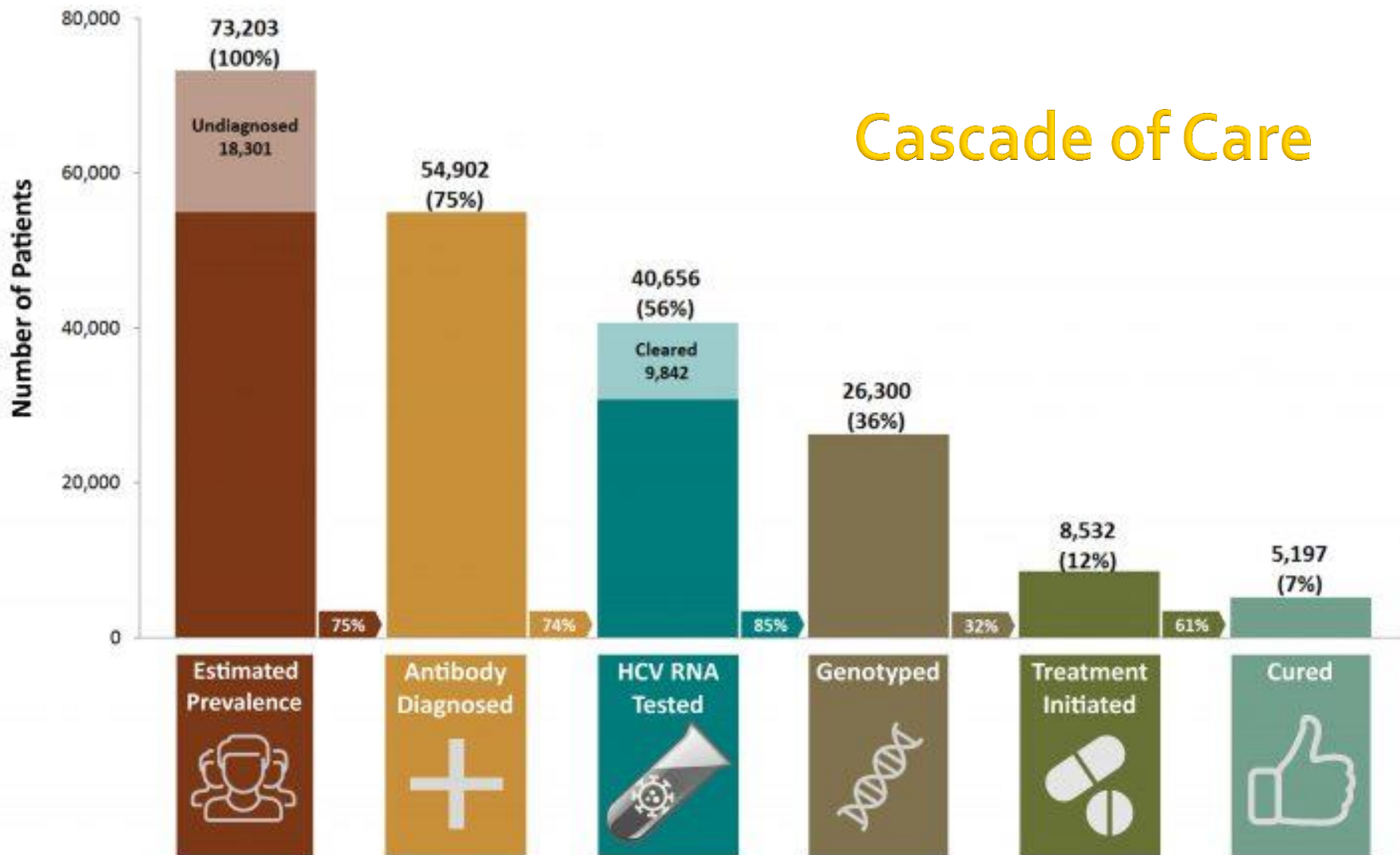


Substance Abuse	Count
No	14
Yes	217
Unknown/suspected	41

Substance Abuse Historical and Current



Cascade of Care



Example from the University of BC

INCREASE SCREENING!

- Community Events POCT
- Flyers
- Patient Education



COLLABORATE WITH LOCAL RESOURCES!

- Health Department
- Local Hospitals
- Dental Office
- County Jail
- CDC

STRENGTHEN YOUR HARM REDUCTION EFFORTS!

DON'T GIVE UP!



“They’ll Never Succeed” SUCCESS STORIES

- ✓ Untreated schizophrenia
- ✓ Struggling with homelessness
- ✓ Incarcerated
- ✓ Poor Health Insurance Coverage

Everyone Deserves Treatment

Resources

www.Harmreduction.org

<http://stopoverdose.org/>

<https://nasen.org/>

Local County Health Departments

Good Days Foundation : <https://www.mygooddays.org/for-patients/patient-assistance/>