



INFECTION  
CONTROL

# Management of Employee Health Travel Cherokee Nation Health Services

- **International or cruise travel:** 14 day quarantine upon return
- **Domestic travel** (50 states or D.C.):
  - *If known exposure* to covid-19 suspected or confirmed positive person, quarantine for 14 days from the date of last contact.
  - *If symptomatic*, arrange for testing and appropriate follow
  - *If asymptomatic* and regardless of state of travel
    - **Pre-Screen:** Employers should measure the employee's temperature and assess symptoms prior to them starting work. Ideally, temperature checks should happen before the individual enters the facility.
    - **Regular Monitoring:** As long as the employee doesn't have a temperature or symptoms, they should self-monitor under the supervision of their employer's occupational health program.
    - **Wear a Mask:** The employee should wear a face mask at all times while in the workplace for 14 days after last exposure.
    - **Social Distance:** The employee should maintain 6 feet and practice social distancing as work duties permit in the workplace.
    - **Disinfect and Clean work spaces:** Clean and disinfect all areas such as offices, bathrooms, common areas, shared electronic equipment routinely.
    - Testing should be considered depending on testing capacity