

Indications and Contraindications for PrEP

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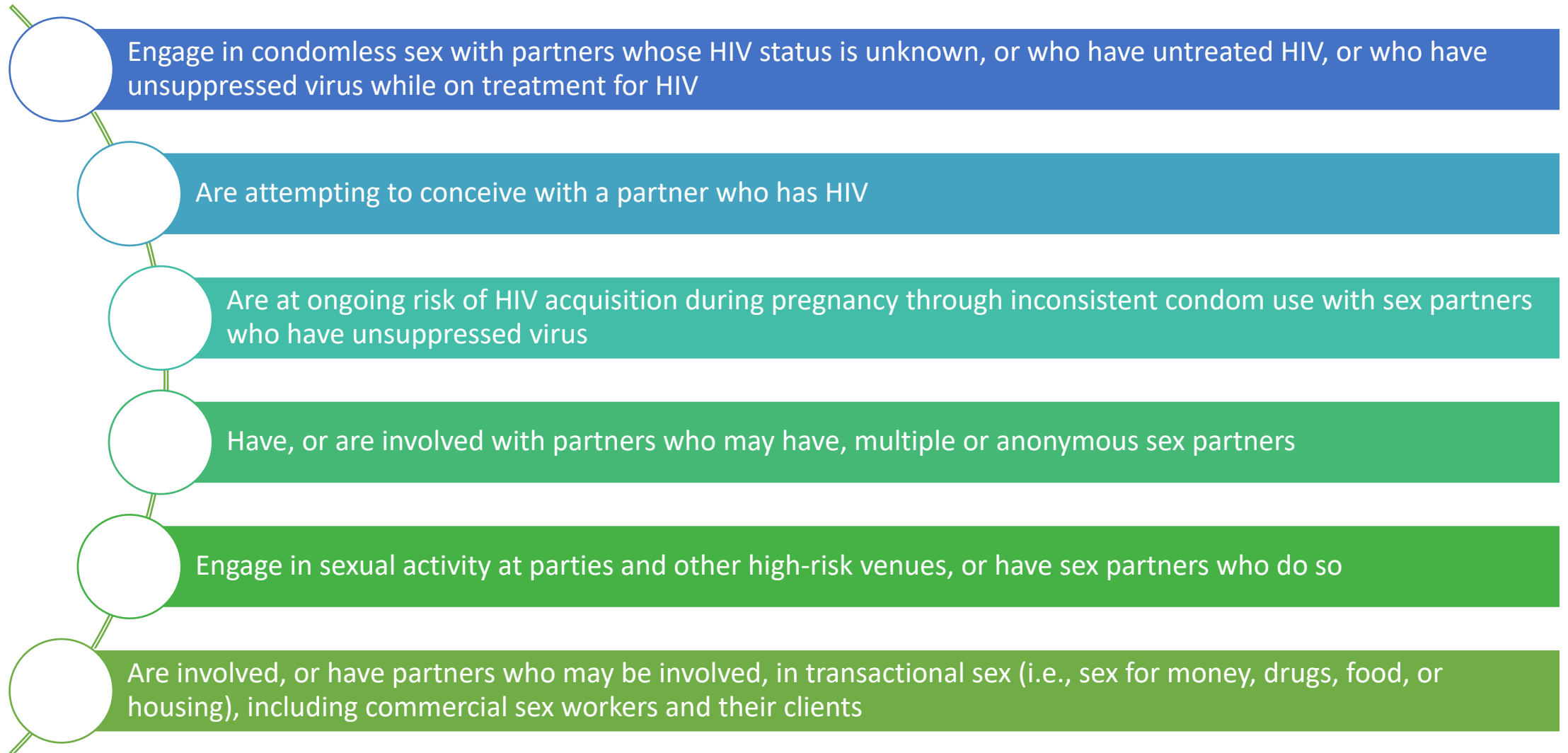
Outline

- Pre-test
- Indications for PrEP
 - Obtaining a sexual history
- Contraindications for PrEP
- Post-test

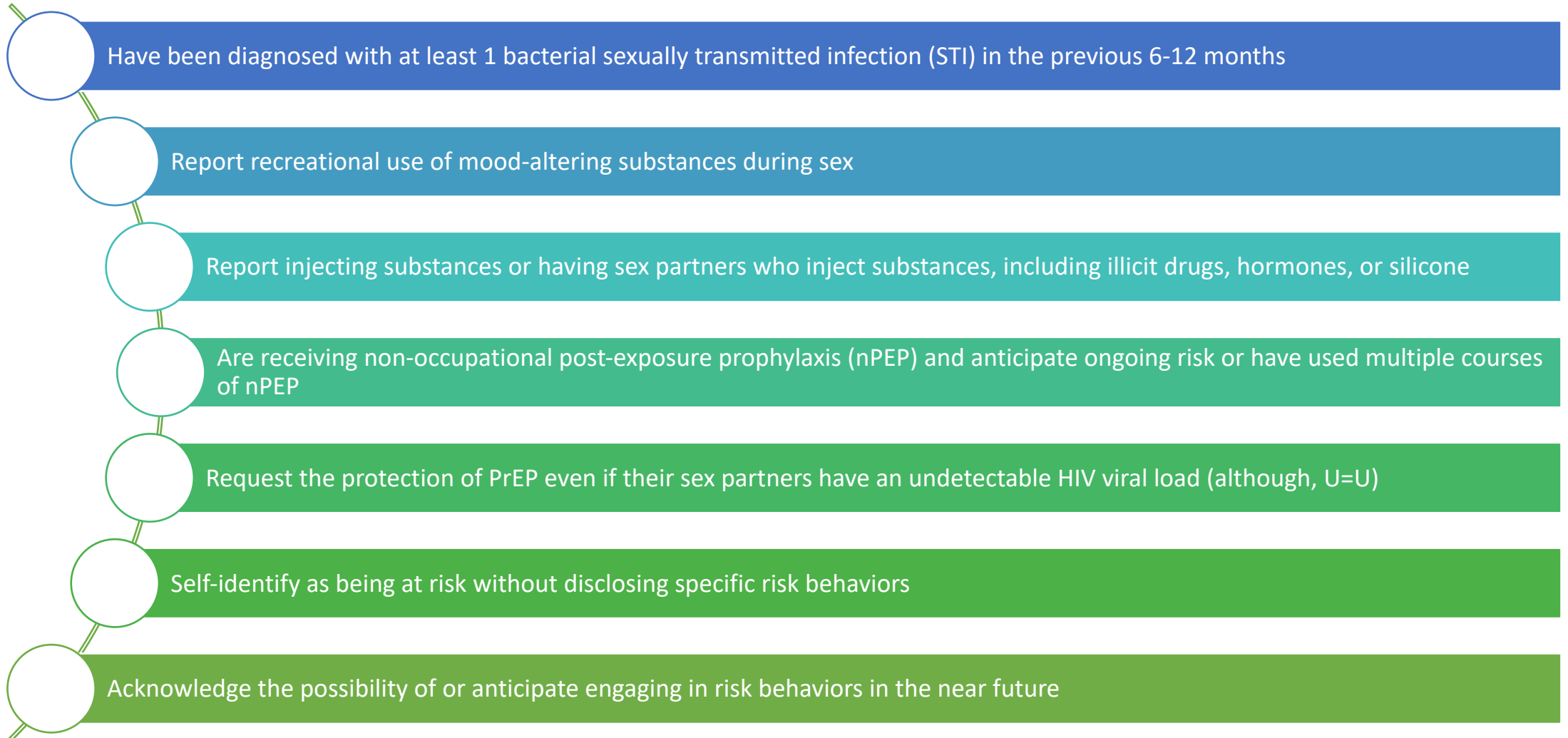
Who should be offered PrEP?

- Anyone at risk of HIV acquisition

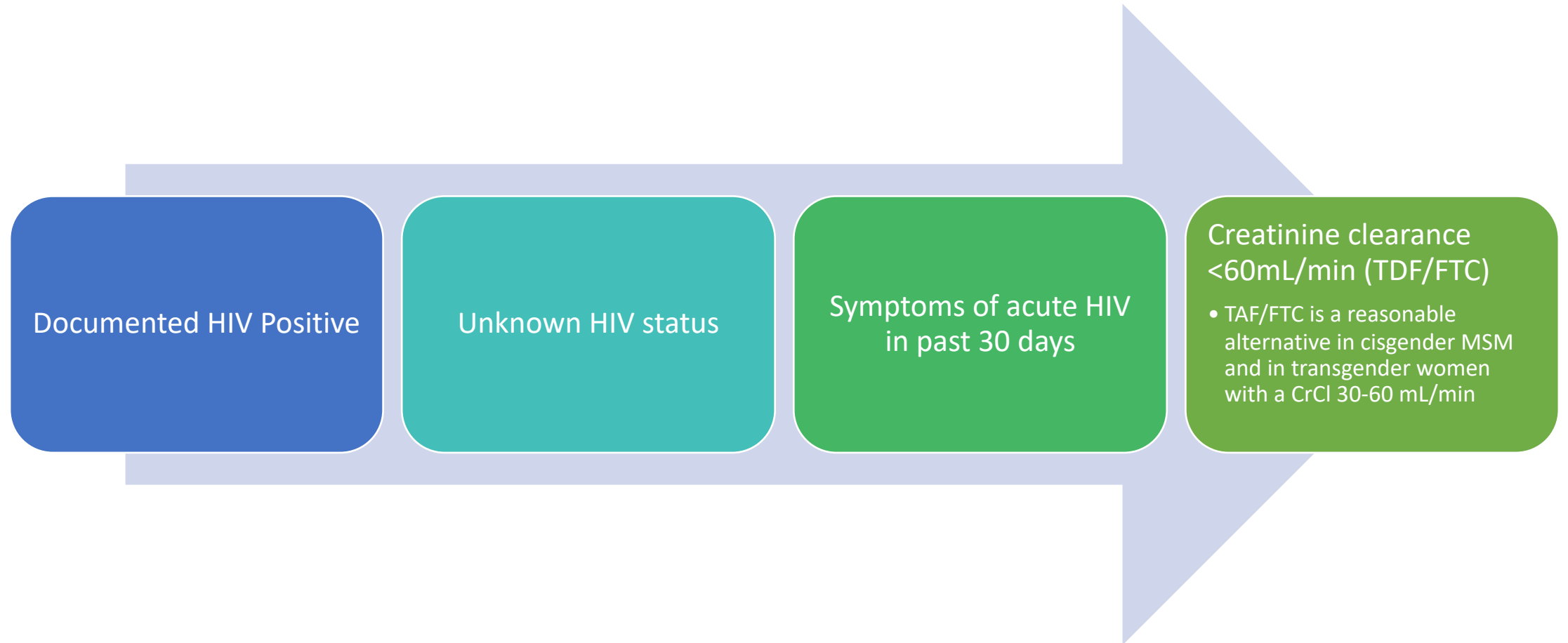
Indications for PrEP



Indications for PrEP – continued



Contraindications for PrEP



Taking a sexual history

- Sexual health can greatly impact overall quality of life
- A sexual history allows you to identify those individuals at risk for sexually transmitted infections (STIs), including HIV, and to identify appropriate anatomical sites for certain STI tests
- Provides an opportunity for risk-reduction counseling and sharing information about behaviors that may place your patient at risk of contracting STIs

Taking a sexual history

- Many ways to illicit the necessary information!
- Some may prefer open dialogue, while others may prefer written response to predetermined questions
 - This applies to patients and providers
- Either way, let the patient know that you ask these questions of all adult patients, regardless of age, gender, gender identity, or marital status

Examples of written responses

Sexual Behaviors (Check all that apply)

6. Sex with...

- ☐ Men
- ☐ Women
- ☐ Both

7. Condom use?

- ☐ Never
- ☐ Sometimes
- ☐ Always

8. Number of sexual partners in the last 6 months?

- ☐ 5 or less
- ☐ 6 to 11
- ☐ 12 or greater

9. How do you find sexual partners?

- ☐ Dating/Hook-up Apps (Grindr, Tinder, etc.)
- ☐ Social Setting

- ☐ Social Media (Instagram, Facebook, Snapchat, etc.)
- ☐ Other (please specify)_____.

Examples of written responses

IV Drug Use

17. Ever injected?

- ☐ Yes
- ☐ No

18. Last time injected?

- ☐ 6 months or less
- ☐ 7 to 12 months
- ☐ 13 months or greater

19. Substance injected?

- | | |
|--------------------------------|--|
| <input type="checkbox"/> Meth | <input type="checkbox"/> Opiates |
| <input type="checkbox"/> Other | <input type="checkbox"/> Prefer not to say |

20. Did you share injection equipment?

- ☐ Yes
- ☐ No

21. Have you ever had sex associated with alcohol or drug use?

- ☐ Yes
- ☐ No

Examples of open dialogue

- Are your sex partners men, women, or both?
- How many sexual partners have you had in the past 6 months?
- Have you have ever had an STI?
- Do you use condoms every time you have sex?
- “Some STIs can be passed along from sites other than the genitals, like the throat and the rectum. So for these tests, we will need to do a throat and rectal swab.”

Basic Sexual History for PrEP Evaluation

Have you injected drugs in the last 6 months

- **Yes:** NEEDS PrEP Evaluation
- **No:** Go to next question

Do you have sex with women, men or both?

- **No:** You are done !!!!
- **Yes:** Go to next question

During sex do you use condoms?

- **All the time:** You are done !!!!
- **Sometimes:** Go to next question
- **Never:** Go to next question

How many sexual partners do you have

- **One partner and they know their HIV status to be negative:** You are done!!!
- **One or more without knowing their HIV status:** NEEDS PrEP Evaluation

Conclusions

Many indications for PrEP and few contraindications

More than one way to take a sexual history

- Approach will differ among patients and providers

Don't forget about substance use screening

References

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