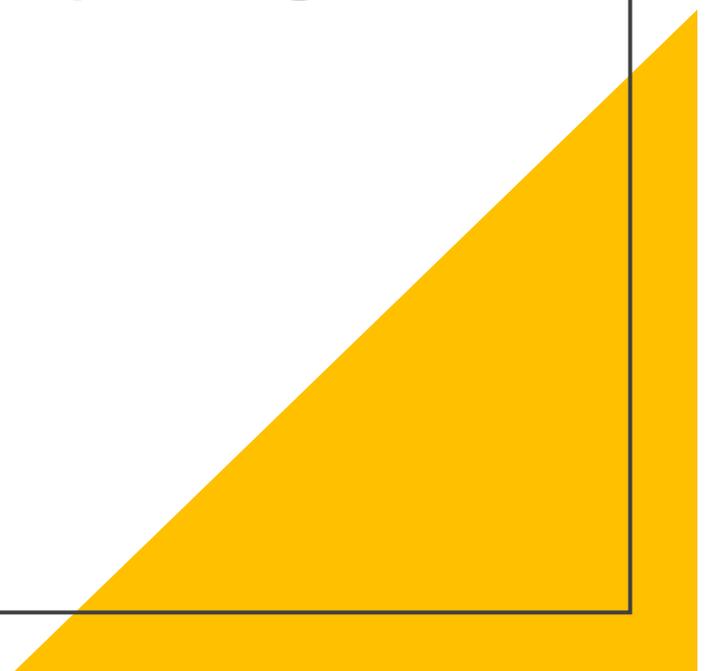


# Indian Country Infectious Disease ECHO COVID-19 Update

Jorge Mera, MD, FACP

Indian Country Medical Director, NPAIHB



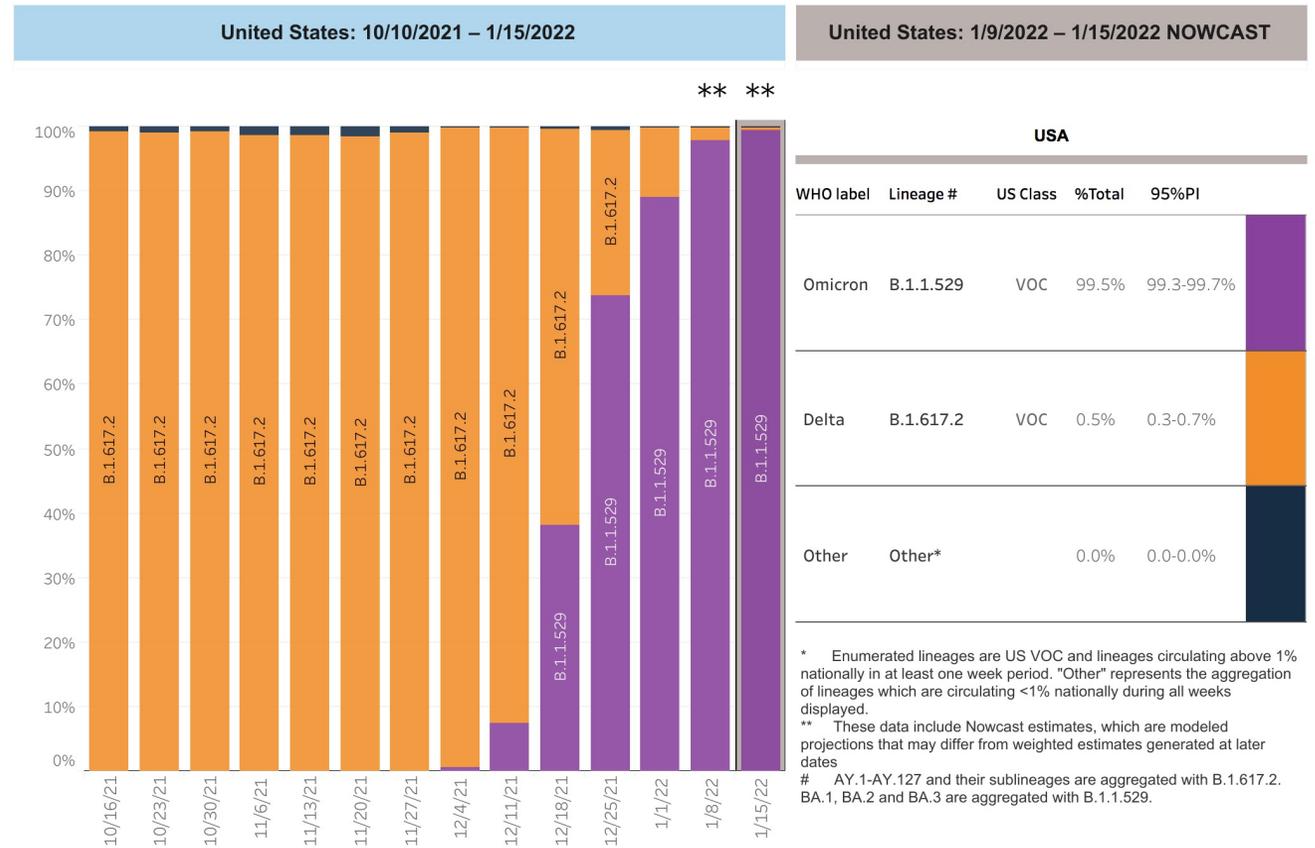
# SARS-CVO-2 Virology and Immunology

## Omicron Variant

- Makes up 99.5% of USA variants

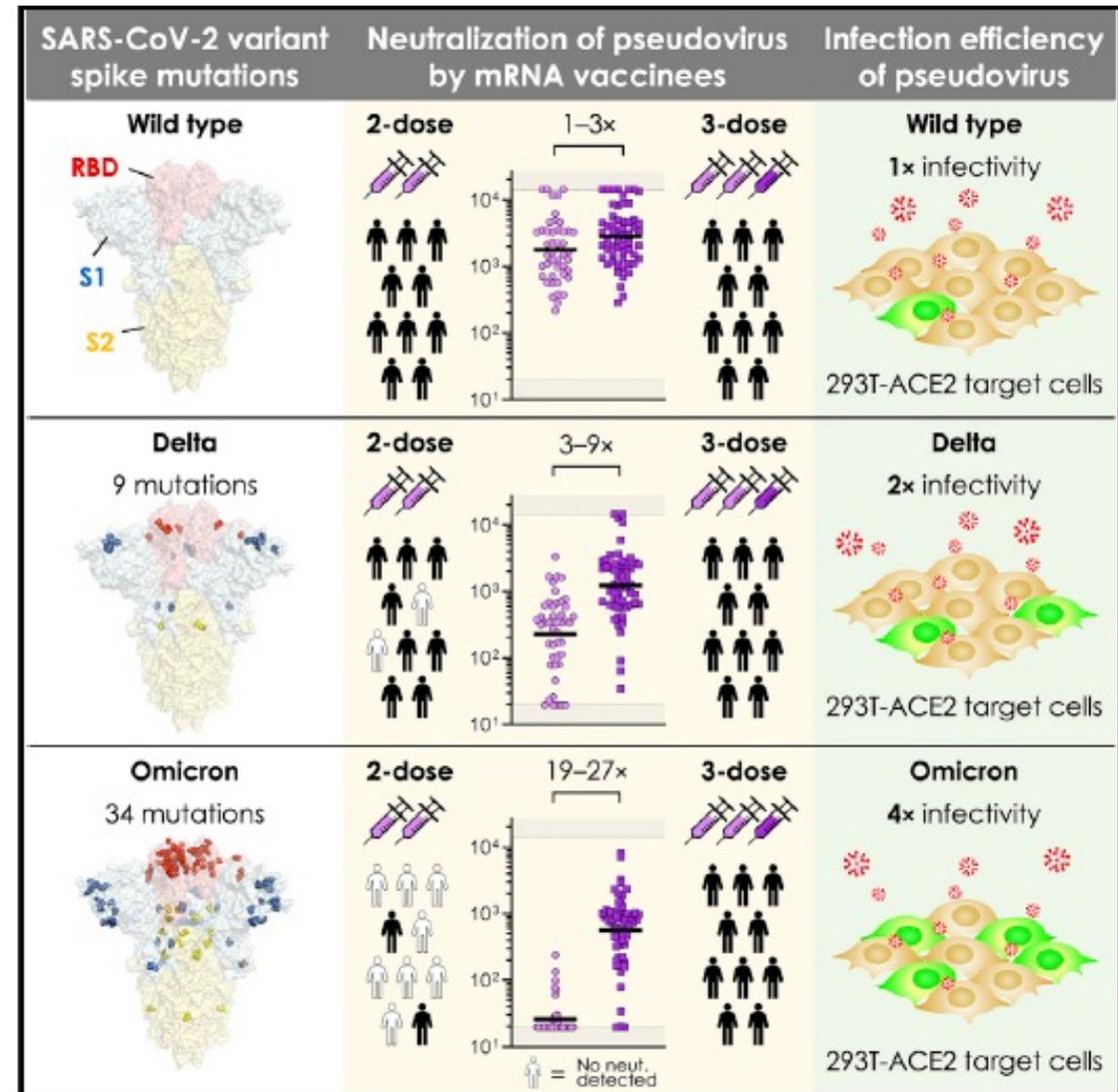
## Compared To Delta

- Probably more transmissible
- Maybe less virulent
- Higher capacity for immune escape

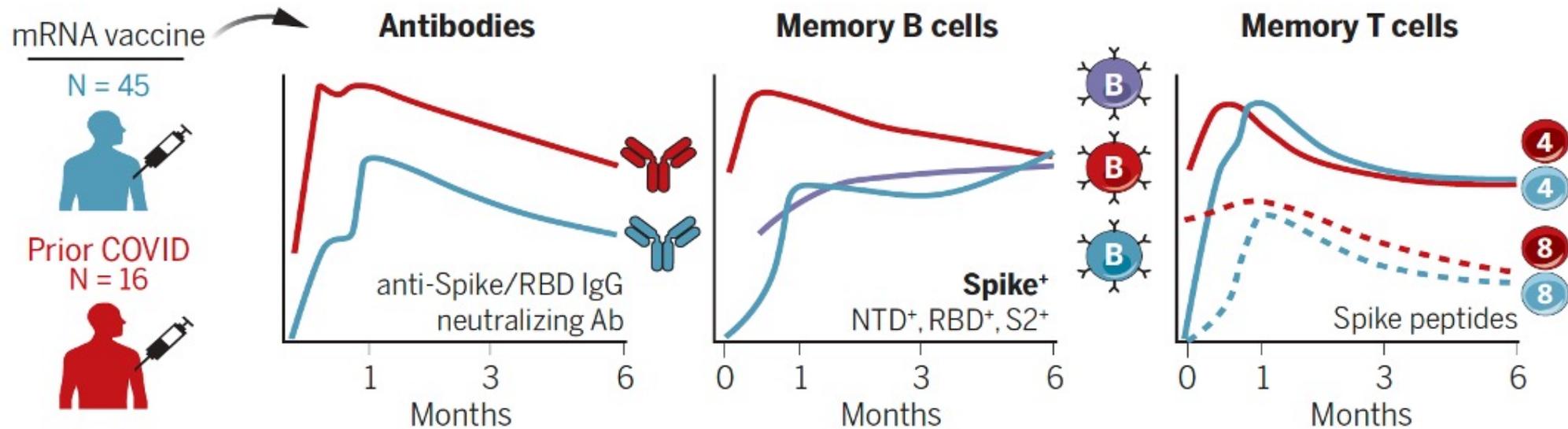


## mRNA-based COVID-19 vaccine boosters induce neutralizing immunity against SARS-CoV-2 Omicron variant

- The SARS-CoV-2 Omicron variant harbors 34 mutations in the spike, more than other variants
- Two doses of mRNA-based vaccines elicit poor neutralization of Omicron
- Three mRNA vaccine doses elicit potent variant cross neutralization, including Omicron
- The Omicron pseudovirus infects cells more efficiently than other SARS-CoV-2 variants



# mRNA vaccines induce durable immune memory to SARS-CoV-2 and variants of concern



Immune memory after mRNA vaccination. SARS-CoV-2-specific antibody, memory B, and memory T cell responses were measured at six time points after vaccination, highlighting a coordinated evolution of durable immunological memory. B cell memory was also resilient to VOCs and capable of producing new antibodies upon reactivation. IgG, immunoglobulin G; Ab, antibody; NTD, N-terminal domain; TFH, T follicular helper cell; WT, wild-type.

# Results after Propensity-Score Matching

(Comparison of outcomes from COVID infection in pediatric and adult patients with Omicron and Delta VOC infections)

## Adults

- ED visit: **4.55% vs. 15.22%** (risk ratio or RR: 0.30, 95% CI: 0.28-0.33);
- Hospitalization: **1.75% vs. 3.95%** (RR: 0.44, 95% CI: 0.38-0.52)];
- ICU admission: **0.26% vs. 0.78%** (RR: 0.33, 95% CI:0.23-0.48);
- Mechanical ventilation: **0.07% vs. 0.43%** (RR: 0.16, 95% CI: 0.08-0.32).

## In children under 5 years old

- ED visits **3.89% vs 21.01%** (RR for ED visit: 0.19, 95% CI: 0.14-0.25)
- Hospitalization **0.96%vs 2.65**; (RR 0.36, 95% CI: 0.19- 0.68).

## Similar trends were observed for other pediatric age groups

- (5-11, 12-17 years)
- Adults (18-64 years)
- Older adults (≥ 65 years).

## Conclusions

First time SARS-CoV-2 infections occurring at a time when the Omicron variant was rapidly spreading were associated with significantly less severe outcomes than first-time infections when the Delta variant predominated

# Comparison of outcomes from COVID infection in pediatric and adult patients before and after the emergence of Omicron

## Study

- Three-day risks of outcomes in patients who were first infected for the first time during a time period when the Omicron variant was emerging to those in patients who were first infected when the Delta variant was predominant.

## Method

- **Retrospective cohort study of electronic health record (EHR) data** of 577,938 first-time SARS-CoV-2 infected patients from a multicenter, nationwide database in the US
  - 14,054 infected during the 12/15/2021–12/24/2021 (“Emergent Omicron cohort”)
  - 563,884 infected during the 9/1/2021–12/15/2021 (“Delta cohort”).
- **After propensity-score matching** the 3- day risks of four outcomes were measured:
  - ED visit, hospitalization, ICU admission, and mechanical ventilation were compared.
  - Risk ratios, and 95% confidence intervals (CI) were calculated.

# Diagnosis of SARS-COV-2

Rapid RT-PCR or laboratory-based NAAT remain the diagnostic methods of choice

Compared to NAAT Tests, EUA Rapid Antigen testing:

- Have high specificity and low to modest sensitivity
- Sensitivity depends on viral load, symptom presence and time of testing
- Ag tests should be used within seven days of symptom onset

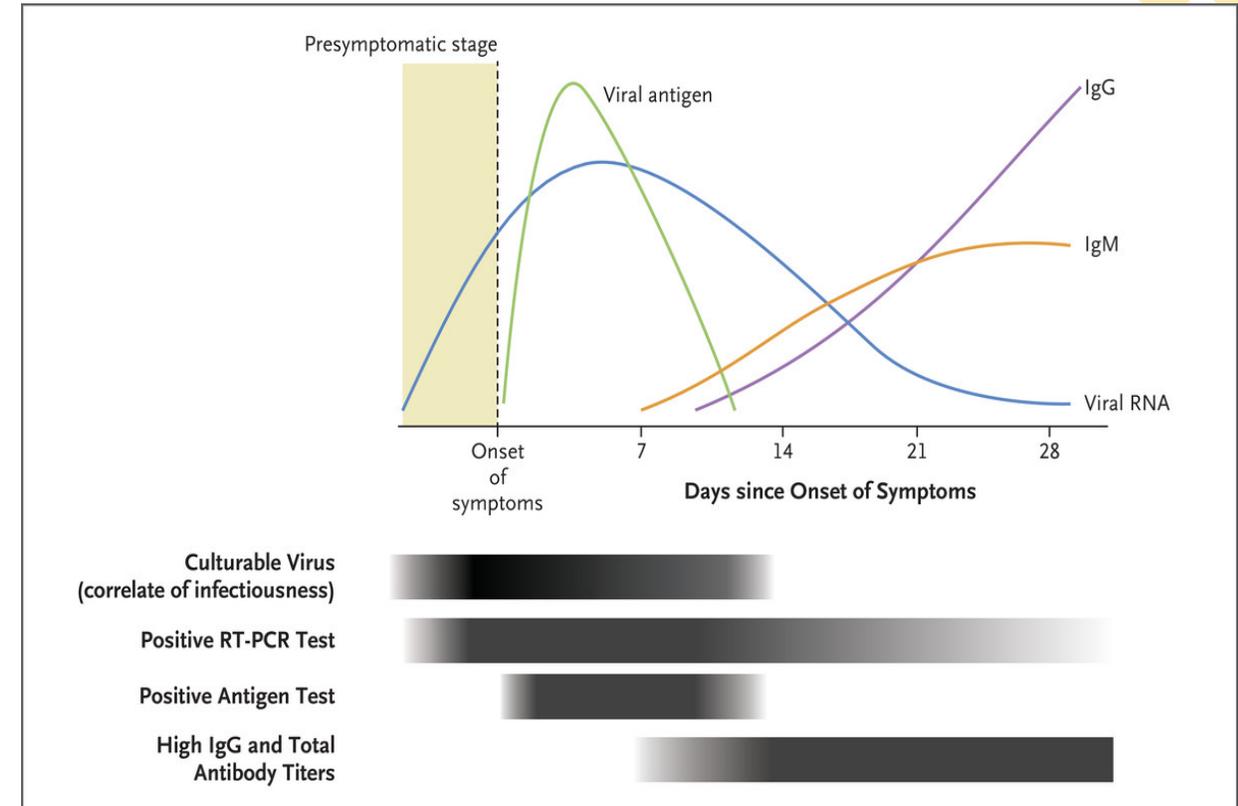
For symptomatic individuals either rapid RT-PCR or laboratory-based NAAT are preferred over rapid Ag tests

- If NAAT is not available or results are expected to be delayed beyond 2 – 3 days, rapid Ag testing could be considered
- If suspicion is high, negative Ag should be confirmed by standard NAAT

Compared to a single standard NAAT:

- **Rapid RT-PCR** tests had a pooled **sensitivity of 97%** (95% CI: 94-99) with **specificity 96%** (95% CI: 94-98)
- **Rapid isothermal NAAT** (primarily Abbott ID NOW) had a **sensitivity of 70%** (95% CI: 56-81) **with specificity 99%** (95% CI, 97-99)

NAAT: Nucleic Acid Amplification Test



# NIH Treatment Guidelines Update for Non-Hospitalized Patients

## Post Exposure Prophylaxis

- No effective treatment available

## Pre-Exposure Prophylaxis

- tixagevimab plus cilgavimab (Evusheld) recommended for specific populations

## Symptomatic Patients

- Paxlovid > Sotrovimab > Remdesivir > Molnupiravir

## Therapeutic does heparin for For Hospitalized Patients

- For hospitalized, nonpregnant adults who require low-flow oxygen and are not receiving intensive care unit who have a D-dimer above the upper limit of normal (ULN), require low-flow oxygen, and have no increased bleeding risk

Tier	Risk Group
1	<ul style="list-style-type: none"> <li>• Immunocompromised individuals not expected to mount an adequate immune response to COVID-19 vaccination or SARS-CoV-2 infection due to their underlying conditions, <b>regardless of vaccine status</b>; or</li> <li>• <b>Unvaccinated individuals</b> at the highest risk of severe disease (anyone aged <math>\geq 75</math> years or anyone aged <math>\geq 65</math> years with additional risk factors).</li> </ul>
2	<ul style="list-style-type: none"> <li>• <b>Unvaccinated individuals</b> at risk of severe disease not included in Tier 1 (anyone aged <math>\geq 65</math> years or anyone aged <math>&lt; 65</math> years with clinical risk factors)</li> </ul>
3	<ul style="list-style-type: none"> <li>• <b>Vaccinated individuals</b> at risk of severe disease (anyone aged <math>\geq 65</math> years or anyone aged <math>&lt; 65</math> with clinical risk factors)  <b>Note:</b> Vaccinated individuals who have not received a COVID-19 vaccine booster dose are likely at higher risk for severe disease; patients in this situation within this tier should be prioritized for treatment.</li> </ul>
4	<ul style="list-style-type: none"> <li>• <b>Vaccinated individuals</b> at risk of severe disease (anyone aged <math>\geq 65</math> years or anyone aged <math>&lt; 65</math> with clinical risk factors)  <b>Note:</b> Vaccinated individuals who have not received a COVID-19 vaccine booster dose are likely at higher risk for severe disease; patients in this situation within this tier should be prioritized for treatment.</li> </ul>

Prioritize based on risk for hospitalization or death

# SARS-COV-2 Treatment:

## Comparison of Treatment Options for High-Risk Nonhospitalized Patients With Mild to Moderate COVID-19

	<b>Nirmatrelvir-ritonavir<sup>1</sup></b>	<b>Sotrovimab<sup>2</sup></b>	<b>Remdesivir<sup>3</sup></b>	<b>Molnupiravir<sup>4</sup></b>
Efficacy (prevention of hospitalization or death)	<ul style="list-style-type: none"> <li>Absolute risk reduction: 6.3%→0.8%</li> <li>Relative risk reduction: 88%</li> <li>NNT: 18</li> </ul>	<ul style="list-style-type: none"> <li>Absolute risk reduction: 7%→1%</li> <li>Relative risk reduction: 85%</li> <li>NNT: 17</li> </ul>	<ul style="list-style-type: none"> <li>Absolute risk reduction: 5.3%→0.7%</li> <li>Relative risk reduction: 87%</li> <li>NNT: 22</li> </ul>	<ul style="list-style-type: none"> <li>Absolute risk reduction: 9.7%→6.8%</li> <li>Relative risk reduction: 30%</li> <li>NNT: 35</li> </ul>
Advantages	<ul style="list-style-type: none"> <li>Highly efficacious</li> <li>Oral regimen</li> <li>Ritonavir studied (safe) in pregnancy</li> </ul>	<ul style="list-style-type: none"> <li>Highly efficacious</li> <li>Monoclonal antibodies typically safe in pregnancy</li> <li>Few/no drug interactions</li> </ul>	<ul style="list-style-type: none"> <li>Highly efficacious</li> <li>Studied in pregnancy</li> <li>Few/no drug interactions</li> </ul>	<ul style="list-style-type: none"> <li>Oral regimen</li> <li>Not anticipated to have drug interactions</li> </ul>
Disadvantages	<ul style="list-style-type: none"> <li>Drug-drug interactions</li> </ul>	<ul style="list-style-type: none"> <li>Requires IV infusion followed by 1-h observation</li> </ul>	<ul style="list-style-type: none"> <li>Requires IV infusion on 3 consecutive days</li> </ul>	<ul style="list-style-type: none"> <li>Low efficacy</li> <li>Concern: mutagenicity</li> <li>Not recommended in pregnancy/children</li> </ul>

Abbreviations: IV, intravenous; NNT, number needed to treat.

# SARS-COV-2 Vaccines

A third primary dose of the vaccine can be given  $\geq 28$  days after the second

- To children 5-11 years old who have undergone solid organ transplantation or have an equivalent level of immune compromise<sup>1,2</sup>.

Booster doses of the vaccine are authorized

- For use in children 12-15 years old<sup>3</sup>.

Time from completion of primary series to booster immunization

- Reduced from 6 months to 5 months for Pfizer and Moderna vaccine<sup>3,4</sup>

1. FDA News Release. Coronavirus (COVID-19) Update: January 3, 2022

2. FDA Fact sheet for health care providers administering vaccine. EUA for the Pfizer-BioNTech COVID-19 vaccine to prevent coronavirus disease 2019 (COVID-19). For 5-11 years of age. January 3, 2022

3. FDA Fact sheet for health care providers administering vaccine. EUA for the Pfizer-BioNTech COVID-19 vaccine to prevent coronavirus disease 2019 (COVID-19). For 12 years of age and older. January 3, 2022

4. FDA Fact sheet for health care providers administering vaccine. EUA for the Moderna COVID-19 vaccine to prevent coronavirus disease 2019 (COVID-19). January 7, 2022