



Welcome  
to  
**Reclaiming Native  
Psychological Brilliance**

*While we are Gathering . . . enjoy this  
Native music video which we will start at  
5 minutes before the hour.*



**One World (We Are One)**

*Produced by IllumiNative and Native artists to  
demonstrate through song and dance the richness,  
diversity, and beauty of Indian Country*

***Because there is Strength in Unity***





# RECLAIMING NATIVE PSYCHOLOGICAL BRILLIANCE



*Because there is Strength in Unity*



# Indigenous Land Acknowledgement

We respectfully acknowledge that we stand on territories where Indigenous and Tribal Nations are traditional stewards of the land.

Please join us in affirming Tribal sovereignty, and always displaying respect and gratitude for Indigenous people.

We honor and recognize the original peoples of this land.

To learn and acknowledge what Tribal Nation land you and your organization are standing on, go to <https://native-land.ca/>

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# Zoom Participation Tips

- We are building a community! Please introduce yourself in the Chat (select Everyone) and let your fellow participants know your name, Tribal Nation affiliation if applicable, job title, and organization.
- Due to the audience size, we encourage you to use the Chat feature for comments and questions.
- Everyone will be muted until the Participant Reflections portion of the hour. During that segment, use the Raise my Hand icon on zoom, and the host will unmute you to offer your reflection.
- We suggest you turn off your cell phone and enjoy the hour we developed to support and honor YOU.
- CEUs for Medical and Nursing are available for this session.
- Other professionals can request Certificates of Completion to provide to their accrediting agency.
- CEUs will be available for Social Workers and Counselors beginning with the March session.

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# Disclosures

**This activity is jointly provided by United South and Eastern Tribes and Cardea Services**

Cardea Services is approved as a provider of nursing continuing professional development by the Montana Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the California Medical Association (CMA) through the joint providership of Cardea and **United South and Eastern Tribes**. Cardea is accredited by the CMA to provide continuing medical education for physicians.

Cardea designates this live web-based training for a maximum of **1 AMA PRA Category 1 Credit(s)™**. Physicians should claim credit commensurate with the extent of their participation in the activity.



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# Disclosures

There are no relevant financial relationships with ineligible companies for those involved with the ability to control the content of this activity.

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# Disclosures

## **COMPLETING THIS ACTIVITY**

Upon successful completion of this activity 1 contact hour will be awarded

Successful completion of this continuing education activity includes the following:

- Attending the entire CE activity;
- Completing the online evaluation;
- Submitting an online CE request.

Your certificate will be sent via email. If you have any questions about this CE activity, contact Kaela Natale at [knatale@cardeaservices.org](mailto:knatale@cardeaservices.org) or (215) 478-2774

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# Welcome to All My Relations

"Mitakuye Oyasin"... We are all Related in  
my Sioux Language.

- Bernice Youpee-Jordan, MPH (Fort Peck Sioux Nation)  
*Public Health Program Manager, Tribal Health Program  
Support United South and Eastern Tribes, Inc.*

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# Mohegan Tribe of Connecticut Chief Malerba



Chief Mutáwi Mutáhash (Many Hearts)  
Marilynn "Lynn" Malerba

18th Chief of the Mohegan Tribe,  
which is a lifetime appointment, and is  
the first female Chief in the Tribe's  
modern history

USET Board Secretary, Executive Officer  
Committee

Masters in Public Administration, and  
Doctor of nursing practice

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# RECLAIMING NATIVE PSYCHOLOGICAL BRILLIANCE



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# Holly Echo-Hawk, MSc



Enrolled member of Pawnee Nation of Oklahoma

Born and raised in Pawnee, Oklahoma.  
attended Chilocco Indian Boarding School

Masters of Science, Organizational Behavior  
within school of psychology

Former BH Director (County Children's MH  
and Tribal BH)

Writes about Tribal Best Practices in Native  
mental health and substance use treatment

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**Holly's grandpa,  
William Morgan,  
Sr. (Pawnee,  
born 1899)**

**son of Sun Chief  
Tom Morgan  
(Pawnee)**





# What I've Seen, What I Believe

*All Native children are brilliant.*

*Because there is Strength in Unity*





# Native Brilliance Defined

Native brilliance refers to the innate intelligence, balance, resources, and resilience by acknowledging the strengths of Native people.

*USET, December 2021*

Indigen(i)ous: An individual, collective, and/or movement who, through natural ability, inspires others in innovation and creation, by expressing one's traditional and cultural knowledge to advance community.

*Indigenous Education, Inc. founded in 2016  
to administer the Cobell Scholarship Program*

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# Native Brilliance can be Squashed

Social conditions can squash brilliance and confidence, especially in children

- Racism
- Systemic oppression
- Trauma
- Constant, negative messaging

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# But . . . Native Brilliance can be Declared and Cultivated

- Assume strengths
- Promote stability and traditions
- Acknowledge fear and provide safety
- Model behavior – words and action
- Attention to balance and health of spirit, physical, mental and emotion

*In other words, create a safe place for brilliance to grow*

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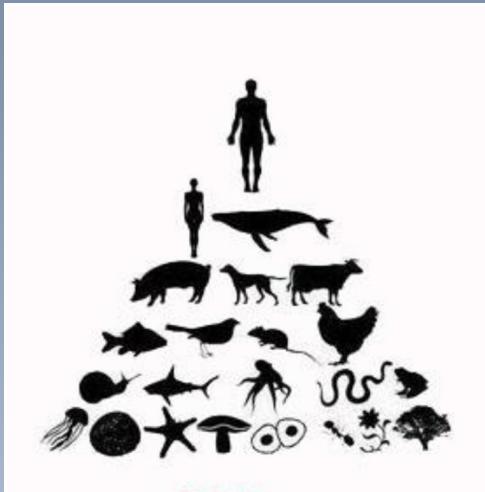
Did you know that historical trauma  
is actually historical resilience.

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# Indigenous Thought Influences Science

- Western hierarchy of thought not sustainable
- World turning to Indigenous thought



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# Reclaiming Native Psychological Brilliance

- Partners include USET, Indian Health Service, C4 Innovations, and New England MHTTC
- Developed 2022 monthly series
  - ✓ Native-drive
  - ✓ Strength based
  - ✓ Emphasizes impact of world view differences
  - ✓ Assumes brilliance
- Developed the Native Brilliance banner

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# Reclaiming Native Psychological Brilliance

## 2022 Topics – 4<sup>th</sup> Tuesday of each month

<b>January 25</b>	<b>Introduction to Reclaiming Native Psychological Brilliance series</b>
<b>February 22</b>	Nurturing psychological brilliance and resilience in Native youth
<b>March 22</b>	Impact of western world view on Indigenous behavioral health supports
<b>April 26</b>	Understanding Native help-declining and help-seeking
<b>May 24</b>	Native trauma layers and post-traumatic growth
<b>June 28</b>	Assessment and diagnosis through Indigenous lens
<b>July 26</b>	Substance use and hungry ghosts
<b>August 23</b>	Role of Indigenous healing practices in Native life re-balance
<b>September 27</b>	Inspiring Native life transformation plans
<b>October 25</b>	Reframing Native mental health
<b>November 22</b>	Open discussion forum: Reclaiming Native Psychological Brilliance (final session in 2022 series)

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# Final Thought

After her death in 2011, found taped to the computer of Elouise Cobell (Blackfeet) who with the Native American Rights Fund, sued the federal government and won after 14 years on behalf of more than 300,000 Natives over federal mismanagement of Indian property,

First they ignore you,  
Then they laugh at you,  
Then they fight you,  
Then you win.

*Because there is Strength in Unity*



# Reclaiming Native Psychological Brilliance is winning.

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# Native People Are Brilliant.

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# Native Brilliance in Spirit, Mind, Song, and Dance



## Why

*Songwriter and Performer: Christian Takes the Gun Parrish, known professionally as Supaman, an Apsáalooke rapper and fancy dancer who grew up in Crow Agency, Montana. Acosia Red Elk is a champion jingle dress dance from the Umatilla people of Oregon.*

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# RECLAIMING NATIVE PSYCHOLOGICAL BRILLIANCE



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# Facilitated Reflection

What resonated with you during Holly's talk?

What examples do you have of Native Brilliance?

**Facilitator:** Livia Davis, MSW, CSWM

*C4 Innovations Chief Learning Officer, VP Recovery and Behavioral Health*

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Photo by William Snell (Photographer). (2021). *Lighting of the Teepees, Symbol of Hope*. Billings, Montana

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# Summary Remarks

Ken Kraybill, *MSW*

*C4 Innovations Senior Trainer*

Expertise in including motivational interviewing and trauma-informed clinical supervision

Holly Echo-Hawk, *NE MHTTC*

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# See you on February 22 for Native Youth & Brilliance

Be safe, take good care!

Follow-up questions?

- Bernice Youpee-Jordan at [bjordan@usetinc.org](mailto:bjordan@usetinc.org)
- Bryan Hendrix at [bhendrix@usetinc.org](mailto:bhendrix@usetinc.org)

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