

ECHO Diabetes

Resources from Case Discussion

May 12, 2022

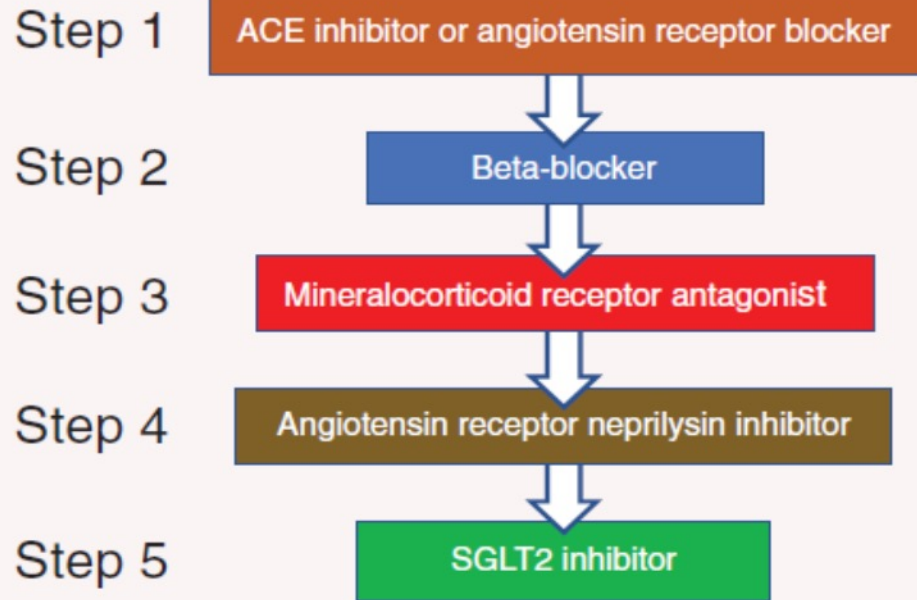
MACS resources

- <https://www.healio.com/news/endocrinology/20220126/mild-autonomous-cortisol-secretion-in-benign-adrenal-tumors-increases-cardiometabolic-risk>
- [Annals On Call - Are Adrenal Incidentalomas Clinically Important? | Annals of Internal Medicine \(acpjournals.org\)](#)
- Annals of Internal Medicine March 2022 Cardiometabolic Disease Burden and Steroid Excretion in Benign Adrenal Tumors A Cross-Sectional Multicenter Study Alessandro Prete, MD, Anuradhaa Subramanian, MSc, Irina Bancos, MD, ... <https://doi.org/10.7326/M21-1737>

Other Resources

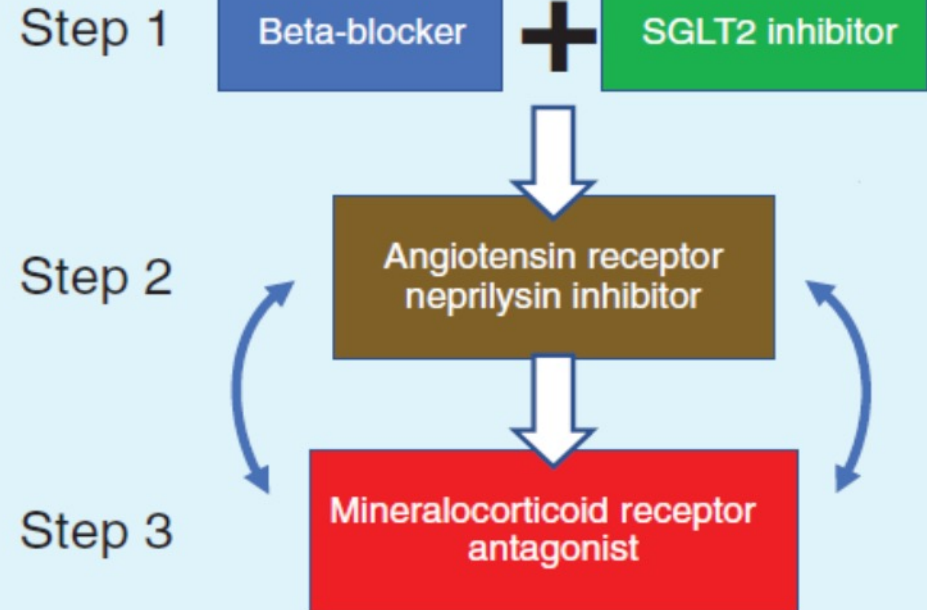
- [#321 Hypertension FAQ: Common Outpatient Cases with Dr. Jordy Cohen \(The Curbsiders podcast\)](#)
- [GLP-1RA treatment effect in patients with T2DM and PAD - PACE-CME](#)
- [Annals On Call - Diverticulitis: Myth Versus Evidence | Annals of Internal Medicine \(acpjournals.org\)](#)
- [Annals On Call - Evidence-Based Care of Patients With Diverticulitis | Annals of Internal Medicine \(acpjournals.org\)](#)
- [https://www.thelancet.com/journals/eclinm/article/PIIS2589-5370\(21\)00259-5/fulltext#:~:text=In%20patients%20with%20IBD%20and,the%20disease%20course%20of%20IBD](https://www.thelancet.com/journals/eclinm/article/PIIS2589-5370(21)00259-5/fulltext#:~:text=In%20patients%20with%20IBD%20and,the%20disease%20course%20of%20IBD)
. Use of GLP1 RA to treat/improve intestinal disorders

Conventional Sequencing



*Uptitration to target doses at each step
Typically requires 6 months or more*

Rapid Sequencing



*All 3 steps achieved within 4 weeks
Uptitration to target doses thereafter*

Cumulative Impact of Evidence-based HFrEF Medical Therapies on All-Cause Mortality

	Relative Risk	2 yr Mortality
None		35.0%
ARNI	↓ 28%	25.2%
Beta blocker	↓ 35%	16.4%
Aldosterone antagonist	↓ 30%	11.5%
SGLT2 inhibitor	↓ 17%	9.5%

Cumulative risk reduction if all evidence based medical therapies used:
Relative risk reduction of 72.9%, Absolute risk reduction: 25.5%. **NNT = 4**

Butler, Javed. "Optimizing Heart Failure Therapy: Selection, Sequences, Substitution?" New York Academy of Medicine and Icahn School of Medicine Mount Sinai. 8 Oct. 2021. New York Academy of Medicine. Lecture.

