Minimally Invasive Dentistry Presentation

Indian Country Oral Health ECHO

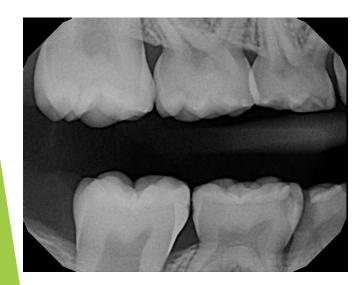
Mikkell Bowens, DMD Confederated Tribes of Grand Ronde

Background information

- Demographics:
 - ▶ 18 years old
 - Male
 - ► Current home schooled high school student
 - ► Grand Ronde Tribal Member
- Social:
 - Recently received his Learner's Permit to drive
 - ► Likes to play basketball
- Medical: Allergy to Augmentin

Dental History

- Dental:
 - **2011:**
 - ► Exam completed at 6 years old
 - ► Multiple caries and lots of plaque
 - ▶ OHI was provided to patient mother and the notes state the "mother did not seem terribly concerned about many caries"
 - ▶ Prescription provided for fluoride tablets

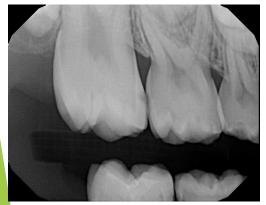


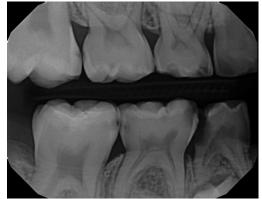




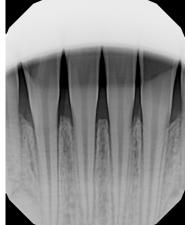


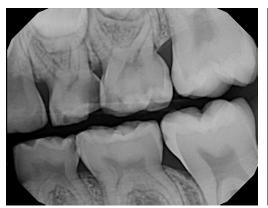
- ▶ 2012 6 months later:
 - ▶ New exam completed where Nutrition counsel and OHI were provided as patient stated he drinks a lot of pop
 - ▶ Multiple broken appointments following this exam
- ▶ 2012 4 months later:
 - ► Another broken appointment and patient's dad stated they were trying to find a dentist closer to their home and that the patient is in pain







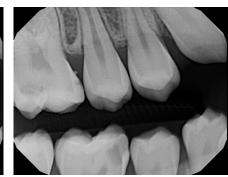






- ▶ 2016 (4 years later) 10 years old:
 - ► Exam completed
 - ► Full mouth debridement completed
 - ▶ Nutrition counsel provided to patient's grandma discussing the need to decrease apple juice consumption
 - Restorative treatment began on large lesions and included a direct pulp cap on #3 and selective caries removal on #30 to avoid a pulp exposure













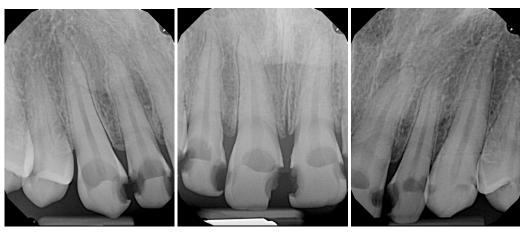
2021 (5 years later) - 17 years old

- Comprehensive Exam:
 - ► Oral cancer screening: EO: WNL IO: WNL
 - ▶ Pt admits to not brushing
 - ► Gingiva: Moderate gingivitis
- Chief Complaint:
 - Generalized sensitivity
 - Pain in the front teeth
- Side note:
 - Patient's mother has severe dental anxiety (barrier to care for patient?)

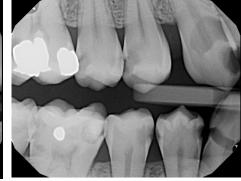
Panoramic

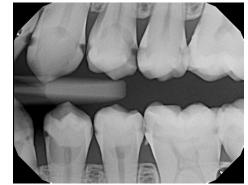


- Rampant caries, Heavy plaque
- ▶ #2 and #15 Non-restorable
- SDF treatments recommended to arrest caries disease progression before definitive treatment recommendations will be provided
- OHI and nutrition counseling provided
- SDF applied
- Provided Prevident 5000 toothpaste

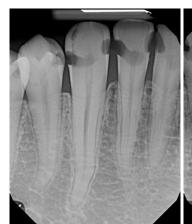




















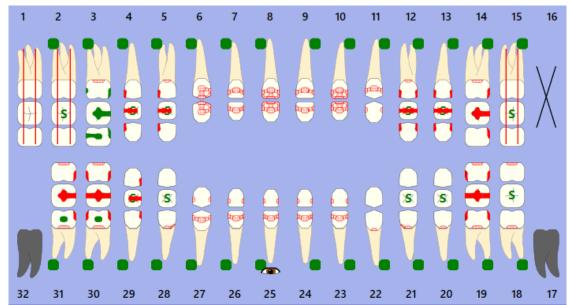








- SDF and fluoride varnish applied:
 - ► <u>8/26/2021</u> Comprehensive exam
 - ▶ <u>9/1/2021</u> Patient states sensitivity is getting better and he has been brushing better.
 - ▶ SDF is arresting caries and teeth are noticeably darker in the carious lesion areas
 - ▶ 9/7/2021 "My teeth aren't so sensitive anymore."
 - ► Less plaque today than prior visits
 - ▶ <u>9/29/2021</u> Dentition re-evaluated for Glass Ionomer and/or Amalgam restorations



4/28/2022 - 7 months later

- Presents to the clinic for a limited exam after missing appointment and never rescheduling
- Chief Complaint:
 - "I do not like the look of the black teeth."
- Re-evaluation of dentition completed:
 - Caries appears to be arrested
 - ► Teeth are blackened and feel hardened
 - ► Reapplied SDF, applied Iodine, & fluoride varnish
 - Provided Prevident 5000 toothpaste again (siblings squirted out the toothpaste and wasted it)













**White is fluoride varnish (not plaque)