

# MONKEYPOX

## WHAT YOU NEED TO KNOW

- Monkeypox has been detected in every US state, including in Indian Country
- Anyone can get monkeypox
- Most people recover fully, but some people get seriously ill
- Monkeypox is preventable

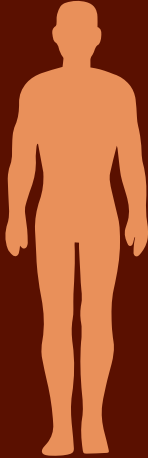


### Symptoms often include:

Fever

Headache

Rash (most common) can occur anywhere on body including on or near genitals



Swollen lymph nodes

Muscle and back aches

Painful swelling inside rectum

Low energy

Painful urination

### How does monkeypox spread?

It spreads through direct person-to-person contact with an infected person. This includes:

- Skin-to-skin contact
- Face-to-face contact for extended time
- Sexual contact
- Mouth-to-skin contact
- Mouth-to-mouth
- Contact with sheets, towels, clothing, surfaces, or objects used by infected person



### How can we stay safe?

- Avoid close, skin-to-skin contact with anyone who has been diagnosed with monkeypox or is showing symptoms like a rash.
- Get a vaccine. Vaccines are available for people who are at high risk.
- If you have symptoms or you think you may have had close contact with someone with monkeypox, talk to a healthcare provider.
- If sharing a house with someone who has monkeypox, stay in separate rooms, wash hands, disinfect objects and surfaces, and open windows.

