

## Agenda

- Group Norms
- Game Time
- Tools & Resources
- Lessons in facilitating fun & engagement
- Discussion



## **GAME TIME**

Join at www.kahoot.it or with the Kahoot! app

Game PIN:

370 4829



Kahoot!

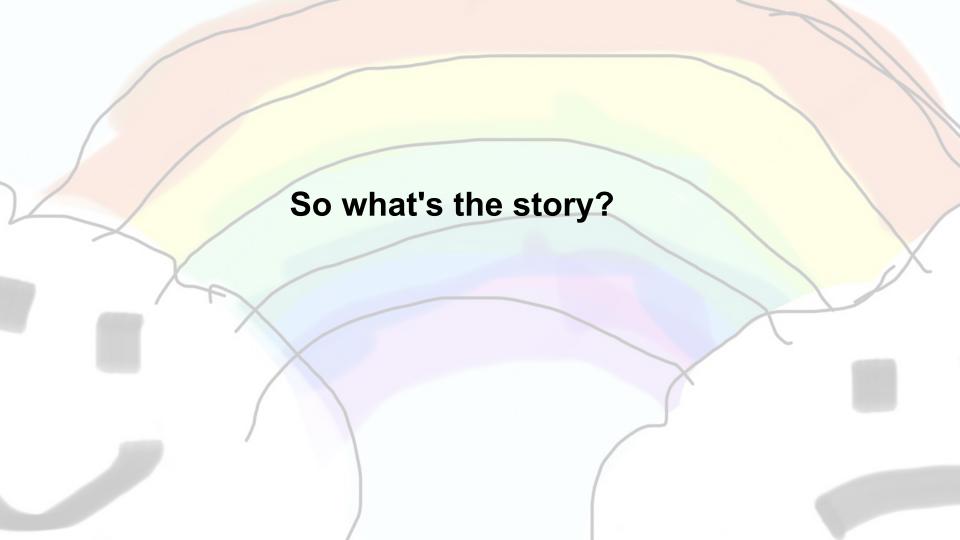
# GAME TIME Self Care Self Love



https://padlet.com/cyarholar/21 m4xxej0tajwudm

# GAME TIME Self Care Self Love

- 1. What does self care mean to you?
- 2. What are some barriers to your self-care routine?
- 3. What are some solutions you have found helpful?



### **Lessons Learned**

Preparation

Scheduling

Rehearsal

Checklist

Run of show and script

**Group Norms** 

**Less is More** 

**Good lighting** 

Z-Jay to help facilitate meetings

Have Fun!!!

#### Virtual Tools & Resources

#### Platforms & engagement tools

- Zoom, MS Teams, Google Meet, Others?
- Shared folders shared space
  - Google drive
  - Dropbox
     https://www.dropbox.com/register
  - Others?
- Teleprompter BigVu <a href="https://bigvu.tv/">https://bigvu.tv/</a>
- Google Jamboard
- Kahoot <a href="https://kahoot.com/">https://kahoot.com/</a>
- Padlet <a href="https://padlet.com/">https://padlet.com/</a>

#### **Strategies**

- Have links & downloads ready to drop
- Send email prior to group with agenda, handouts and anything else they will need
- Manage your time, ask for help managing time
- Set expectations using Group Norms or similar activity
- Polling features in Zoom or other platforms
- Breakout rooms

### **Discussion**

How might you apply what you heard here today?

What challenges have you encountered in engaging people online?

What solutions have you found to overcome those challenges?

**Questions?**