

# Seeking the Wisdom of Pacific NW Tribal Elders and Culture Keepers

Join our Virtual Talking Circle on  
**Tuesday, January 24th** from **1-3pm PT**  
and receive a \$50 Gift Card!

NPAIHB needs your feedback as we develop a culturally-centered wellness intervention for AI/AN young adults struggling with trauma, mental health, and substance misuse issues.

Attendees of this two-hour session will discuss beliefs and practices around culture, community connection, and wellness, and receive a \$50 gift card to honor their contributions.

Please email [kdean@npaihb.org](mailto:kdean@npaihb.org) for more information and to share your voice!