



Peer Recovery Specialist ECHO

SAMHSA's Four Dimensions of Recovery Wellness Wheel Case Form



INDIAN + COUNTRY
ECHO

Presenter Information

Date: _____ Presenter: _____ Organization: _____
Primary Job Duties: _____

Peer Information

Peer Gender: _____ Age: _____ Tribal Affiliation: _____
Check if follow-up to a previous case: _____
Question for Council: _____

HEALTH

Health can be overcoming or managing one's disease(s) or symptoms, and making informed, healthy choices that support physical and emotional well-being. **How is health being impacted?**

HOME

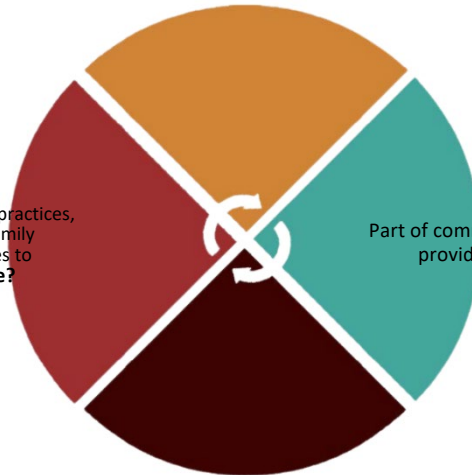
Home is having a stable and safe place to live. **What does home look like?**

PURPOSE

Purpose can be in cultural, spiritual, ceremonial or religious practices, meaningful daily activities (job, school, volunteerism, family caretaking, creativity), independence (income/resources to participate in society). **What is influencing purpose?**

COMMUNITY

Part of community is having relationships and social networks that provide support, friendship, love, and hope. **What does community look like right now?**



Council Recommendations: