Tribes, Climate Change, and Health

Shasta Gaughen, PhD Environmental Director/Tribal Historic Preservation Officer Pala Band of Mission Indians





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www.tribalclimatehealth.org

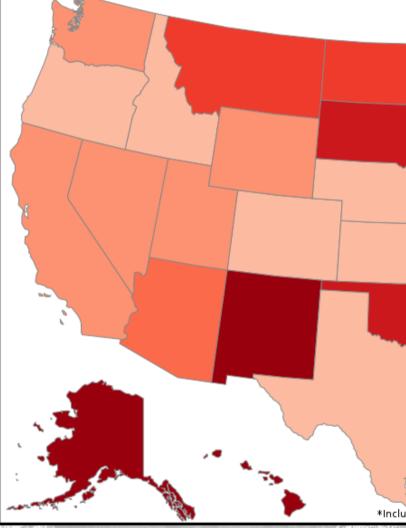
- Training
- Resources
- Website
- Tools
- Collaboration
- Sharing
- Networking

• National, federally-funded capacity building program led by the Pala Band of Mission Indians

Tribes in the **United States**

- 574 federallyrecognized Tribes • 5.7 million American Indian and Alaska Native (AIAN) people in the US
- ~2% of the US population





Meaning American Indian. Alaska Native, Native Hawaiian, and Other Pacific Islanders

% Population Indigenous Alone

- 10% or more 7% - 10% 5% - 7% 3% - 5% 2% - 3%
 - 1% 2%
 - Less than 1%

In 2020, there were 4,447,431* Indigenous Americans in the U.S.

Total: 1.3%* Top Five (%) Top Five (#)

Alaska: 17.03% Hawaii: 11.18% New Mexico: 10.13% South Dakota: 8.84%

Oklahoma: 8.63%

California: 790,842 Oklahoma: 341,756 Arizona: 336,479 Texas: 313,168 New Mexico: 214,548

*Includes 50 States, District of Columbia, and Puerto Ric

Source: 2020 United

States Census,

Summary File 1

Tribes in the **United States**

- 55 million acres • 14 states with more than 100,000 AIAN residents
- Median age: 31
- Reservation poverty rate: 36%
- Uninsured: 26.9%



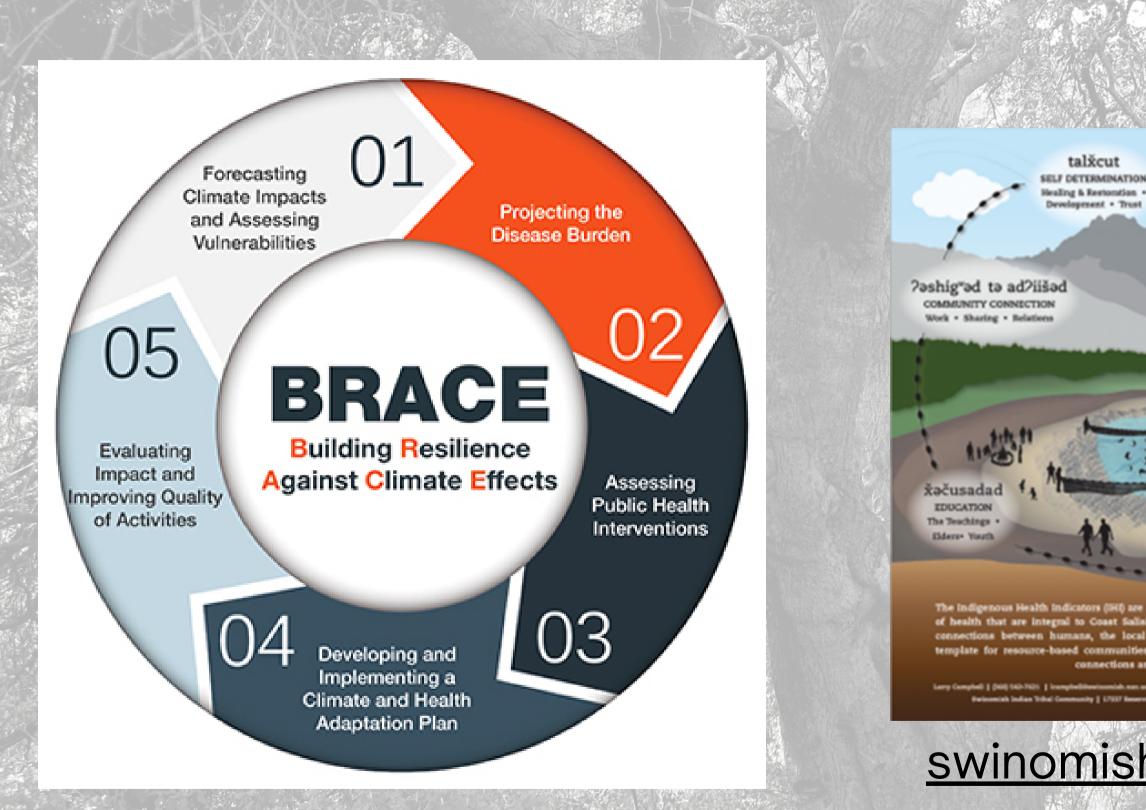
Tribes and Health broadly/holistically than just the

Tribes define health more absence of medical disease.

"Nobody can be in good health if he does not have all the time fresh air, sunshine and good water." Flying Hawk (Chief) 1854 – 1931, Oglala Lakota

"Our environment was rich in the wealth of natural resources, providing all our needs, allowing us to live healthy happy lives!"

Puyallup Tribe



cdc.gov/climateandhealth/BRACE.htm

The Indigenous Health Indicators (IHI) are a set of community-scale, non-physical aspects connections and health priorities

of health that are integral to Coast Salish health and wellbeing. The IHI reflect deep ns between humans, the local environment and spirituality. Bill provide a ate for resource-based communities to tailor in order to suit their own, unique





NDIGENOUS HEALTH INDICATORS

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q"iqcut RESILIENCE Self-Exteens . Identity Sestainability

swinomish-nsn.gov/story/index.html

Tribes and Health Tribal health is already at risk.

- CLIMATE IMPACTS $\overline{\eta}\overline{\eta}$
- Medical and Physical Health
 - Changes in fitness and activity level
 - Heat-related illness
 - · Allergies
 - Increased exposure to waterborne and vector-borne illness

Mental Health

- Stress, anxiety, depression, grief, sense of loss
- · Strains on social relationships
- Substance abuse
- · Post-traumatic stress disorder

Community Health

- Increased interpersonal aggression
- · Increased violence and crime
- · Increased social instability
- · Decreased community cohesion

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	Climate Driver	Exposure	Health Outcome	Impact
Extreme Heat	More frequent, severe, prolonged heat events	Elevated temperatures	Heat-related death and illness	Rising temperatures will lead to an increase in heat-related deaths and illnesses.
Outdoor Air Quality	Increasing temperatures and changing precipitation patterns	Worsened air quality (ozone, particulate matter, and higher pollen counts)	Premature death, acute and chronic cardiovascular and respiratory illnesses	Rising temperatures and wildfires and decreasing precipitation will lead to increases in ozone and particulate matter, elevating the risks of cardiovascular and respiratory illnesses and death.
Flooding	Rising sea level and more frequent or intense extreme precipitation, hurricanes, and storm surge events	Contaminated water, debris, and disruptions to essential infrastructure	Drowning, injuries, mental health consequences, gastrointestinal and other illness	Increased coastal and inland flooding exposes populations to a range of negative health impacts before, during, and after events.
Vector-Borne Infection (Lyme Disease)	Changes in temperature extremes and seasonal weather patterns	Earlier and geographically expanded tick activity	Lyme disease	Ticks will show earlier seasonal activity and a generally northward range expansion, increasing risk of human exposure to Lyme disease-causing bacteria.
Water-Related Infection (Vibrio vulnificus)	Rising sea surface temperature, changes in precipi- tation and runoff affecting coastal salinity	Recreational water or shellfish contaminated with Vibrio vulnificus	Vibrio vulnificus induced diarrhea & intestinal illness, wound and blood- stream infections, death	Increases in water temperatures will alter timing and location of <i>Vibrio vulnificus</i> growth, increas- ing exposure and risk of water- borne illness.
Food-Related Infection (Salmonella)	Increases in temperature, humidity, and season length	Increased growth of pathogens, seasonal shifts in incidence of <i>Salmonella</i> exposure	Salmonella infection, gastrointestinal outbreaks	Rising temperatures increase Salmonella prevalence in food; longer seasons and warming winters increase risk of exposure and infection.
Mental Health and Well-Being	Climate change impacts, especially extreme weather	Level of exposure to traumatic events, like disasters	Distress, grief, behavioral health disorders, social impacts, resilience	Changes in exposure to climate- or weather-related disasters cause or exacerbate stress and mental health consequences, with greater risk for certain populations.

Tribes and Health Tribes are disproportionately vulnerable AND uniquely resilient.

"Climate change threatens Indigenous peoples' livelihoods and economies, including agriculture, hunting and gathering, fishing, forestry, energy, recreation, and tourism enterprises. Indigenous peoples' economies rely on, but face institutional barriers to, their self-determined management of water, land, other natural resources, and infrastructure that will be impacted increasingly by changes in climate."

Key Finding, Fourth National Climate Assessment

Household and Community Infrastructure

Many Indigenous communities struggle with poor economic conditions that limit their ability to provide adequate household and local infrastructure. For example, an estimated 12% of households lack a safe water supply or wastewater disposal

Regional Systems Infrastructure

Many Indigenous communities are located in areas that lack robust and redundant regional systems for transportation. communication, water, and power, increasing their vulnerability to system damages and outages that disrupt businesses and incur high costs to repair

Essential Services

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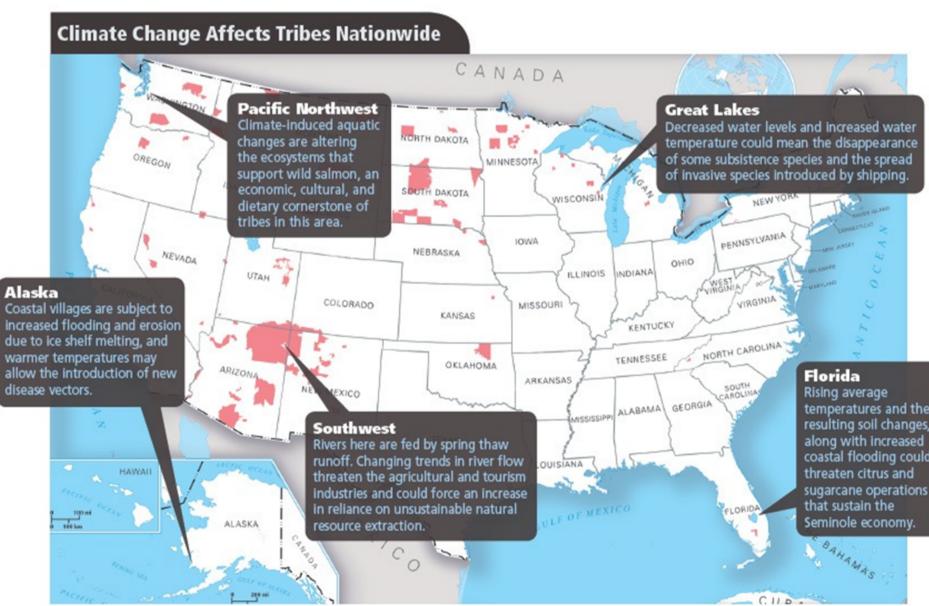
Many Indigenous communities currently lack adequate public services like disaster response, policing, and health services that rely on infrastructure and support local businesses and economies. Climate disruptions to community and regional infrastructure act as additional

Tribes and Climate Change Each Tribal community is unique.

- Climate change exacerbates disproportionate health outcomes
- Water and food insecurity
- Displacement/relocating may mean loss of culture, community, sovereignty, and rights
- Loss of ecological health can mean loss of livelihoods
- Underfunded public health services
- Adaptation involves navigation of complex federal laws, treaty rights, and true engagement, consultation, and consent

Tribes and Climate Change Climate change affects Tribes in different ways in different places.

Contraction and the



Tribal lands are indicated in pink. Sources: map—www.nationalatlas.gov; dimate change effect predictions—Hanna JM. 2007. Native communities and climate change: protecting tribal resources as part of national climate policy. Boulder, CO: Natural Resources Law Center / NWF. 2007. Overview of recent research: effects of global warming on the Great Lakes [fact sheet]. Ann Arbor, MI: National Wildlife Federation.

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Tribes, Climate Change, and Health Tribal health is physical, emotional, cultural, social, and spiritual.

Bishop Paiute Tribe: Drought and beetle infestations have caused an increase in tree mortality, affecting culturally important foods (pine nuts and acorns) and increasing wildfire danger. Middletown Rancheria of Pomo Indians: Warmer water temperatures promote fish die-offs and toxic blue-green algal blooms in lakes and streams, which are unsafe for animals and humans, affecting cultural practices.

Navajo Nation: Drought and heat are affecting water availability for traditional farming and herding practices, endangering cultural traditions and causing physical and mental health challenges.

Tribes, Climate Change, and Health What can we do?

- Learn about the Tribes in your region
- Remember that each Tribe is unique
- Remember that each Tribal individual is unique
- Respect traditional knowledge and practices
- Learn about traditional foods and practices
- Remember that the environment, culture, and people are intricately intertwined
- Consider working for a Tribal health clinic

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Thank you!

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