



# Introduction to Peer Mentor's

ONESHA COCHRAN- MY  
STORY



What role  
does a peer  
play in  
reducing  
harm?



Outreach the Heart of a peers role

What I put in the bag

FOOD/Cell ph

DOG/CAT FOOD

NARCAN

NEEDLES

WARM

TENTS

GIFT CARDS

WATER/REUSABLE

CLOTHES/COATS

LE BOTTLES

PIPES

BALNKETS

BAR B Q GRILLS

LOTS OF SOCKS

BACK PACKS



# Facing stigma With Needle Exchange



Can Peer Support Help People  
change?



When Harm Reduction is Implemented without Judgement the Person may gradually change

The Hard Part is Inspiring Participants to believe change is possible







I WAS A PEER AS  
PART OF THE IMPACT  
PROGRAM AT OHSU,  
WHICH HELPED ME  
NAVIGATE AND  
TRANSITION INTO A  
NEW WAY TO LIFE.

I WORKED CLOSELY  
WITH MY MENTOR  
AND AM NOW  
COMING BACK WITH  
HOPES TO INSPIRE  
OTHERS AND  
MOTIVATE THEM TO  
DO THE SAME.

And When  
They  
Believe.....



# Peer Mentors in Nontraditional Settings



# The IMPACT TEAM



# Ways to safe



# LET'S REVIEW

MEET  
PEOPLE  
WHERE  
THEY  
ARE

DRUG ABUSE  
IS A HEALTH  
ISSUE, NOT A  
CRIMINAL ONE

SUPPORT,  
NOT  
STIGMA

THERE'S MORE  
THAN ONE  
PATH TO  
RECOVERY

THERE'S NO  
RECOVERY FROM  
FATAL OVERDOSE

THE  
OPPOSITE OF  
ADDICTION IS  
CONNECTION

NOT EVERYONE  
IS READY TO  
STOP USING  
DRUGS

WE CAN  
PREVENT  
DEATH BY  
OVERDOSE



QUESTIONS