

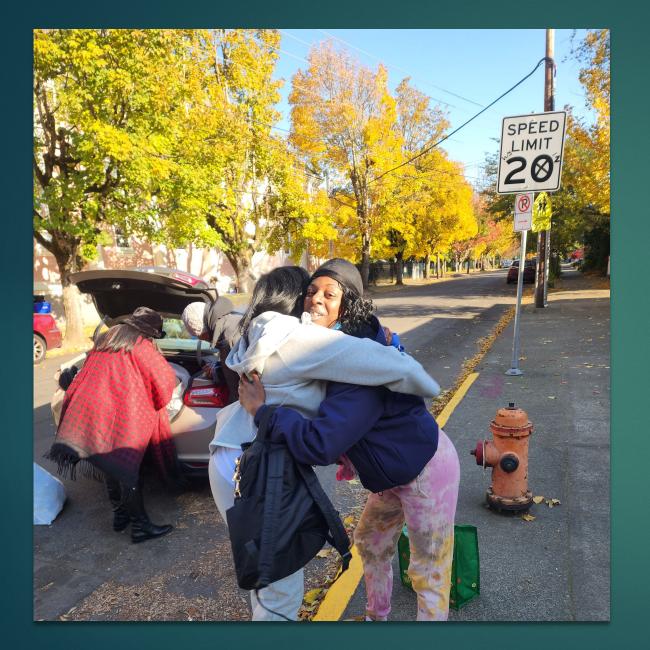




Introduction to Peer Mentor's

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ONESHA COCHRAN- MY STORY



What role does a peer play in reducing harm?



#### Outreach the Heart of a peers role

## What I put in the bag FOOD/Cell ph DOG/CAT FOOD NARCAN NEEDLES GIFT CARDS TENTSWATER/REUSAB WARM CLOTHES/COATS PIPES BALNKETSLE BOTTLES BAR B Q GRILLS LOTS OF SOCKS **BACK PACKS**



Facing stigma With Needle Exchange



# Can Peer Support Help People change?



When Harm Reduction is Implemented without Judgement the Person may gradually change

# The Hard Part is Inspiring Participants to believe change is possible





I WAS A PEER AS PART OF THE IMPACT PROGRAM AT OHSU, WHICH HELPED ME NAVIGATE AND TRANSITION INTO A NEW WAY TO LIFE.

I WORKED CLOSELY WITH MY MENTOR AND AM NOW COMING BACK WITH HOPES TO INSPIRE OTHERS AND MOTIVATE THEM TO DO THE SAME. And When They Believe...



#### Peer Mentors in ' Nontraditional Settings

#### The IMPACT TEAM



## Ways to safe



### LET'S REVIEW





### QUESTIONS