

# Overdose: Not Just Narcan

Overdose when benzos or xylazine (tranq, sleepdope) are present. What should you do?



## If they aren't breathing:

1. Give naloxone to reverse fentanyl/opioid overdose.
2. Naloxone takes 3-5 minutes to work.
  - Breath for them (rescue breaths).
  - Take a deep breath, pinch their nose, cover their mouth with yours, blow into their lungs like blowing up a balloon.
  - 2 breaths to start then 1 every 5 seconds.
3. Keep checking their breathing
  - Put your ear near their mouth and nose.
  - Feel, look, listen for breathing, check for color returning. Recovery position.
  - Call 911 if they don't start breathing!

Naloxone (Narcan) reverses opioid overdose with 1-2 doses.

**If they don't wake up, there may be other drugs involved like benzos or xylazine (Tranq/Sleepdope).**

**More naloxone won't help.**

Check their breathing.

If not breathing, continue rescue breaths. CALL 911, ask for EMS!!

Once they are breathing. Roll into Recovery position. On left side, left arm and leg straight, right arm and leg bent, so they stay on side and don't aspirate. Keep airways clear, make sure they aren't lying on arm or leg.



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