

PEER SUPPORT IN THE URBAN AREA

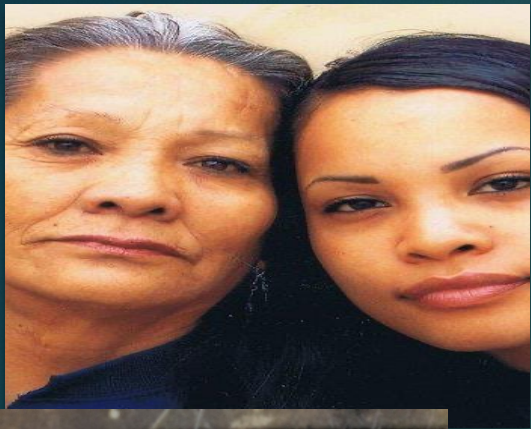


The Miracles Club

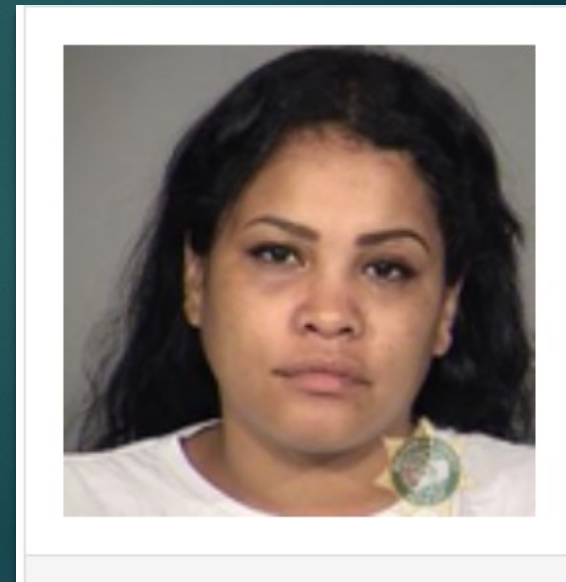
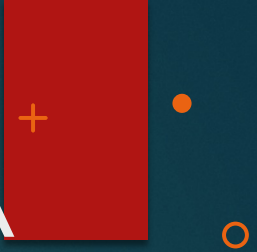


MISSION STATEMENT

The Miracles Club is a Black, Peer led, Recovery Center, committed to providing safe spaces for marginalized, historically oppressed racial and ethnic groups. We serve all individuals looking to find freedom and/or reduce harm from alcohol and drug abuse. Our mission is to maintain a recovery focused environment where all people feel safe to heal.



ONESHA COCHRAN- MY STORY





Know your why

What role does a peer play in reducing harm?





Outreach
the Heart of
a peer's
role



build community everywhere you go





Hustle Hard So you don't have to
show up empty handed



Facing stigma With Needle Exchange

What I put in the bag

FOOD/Cell ph

DOG/CAT FOOD

NARCAN

NEEDLES

WARM

TENTS

GIFT CARDS

WATER/REUSABLE

CLOTHES/COATS

LE BOTTLES

PIPES

BALNKETS

BAR B Q GRILLS

LOTS OF SOCKS

BACK PACKS



Peer Mentors in Nontraditional Settings



The IMPACT TEAM





Can Peer Support Help People
change?

The Hard Part is Inspiring Participants to believe change is possible





I WAS A PEER AS
PART OF THE IMPACT
PROGRAM AT OHSU,
WHICH HELPED ME
NAVIGATE AND
TRANSITION INTO A
NEW WAY TO LIFE.

I WORKED CLOSELY
WITH MY MENTOR
AND AM NOW
COMING BACK WITH
HOPES TO INSPIRE
OTHERS AND
MOTIVATE THEM TO
DO THE SAME.

And When
They
Believe.....

Policy is a part of Peer work too

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- ▶ If you not at the Table, You WILL BE ON THE MENU
- ▶ Those closest to the problem are closest to the solution but often furthest from the resources



REVIEW/ QUESTIONS

MEET
PEOPLE
WHERE
THEY
ARE

DRUG ABUSE
IS A HEALTH
ISSUE, NOT A
CRIMINAL ONE

SUPPORT,
NOT
STIGMA

THERE'S MORE
THAN ONE
PATH TO
RECOVERY

THERE'S NO
RECOVERY FROM
FATAL OVERDOSE

THE
OPPOSITE OF
ADDICTION IS
CONNECTION

NOT EVERYONE
IS READY TO
STOP USING
DRUGS

WE CAN
PREVENT
DEATH BY
OVERDOSE