

# PEER SUPPORT IN THE URBAN AREA



*The Miracles Club*

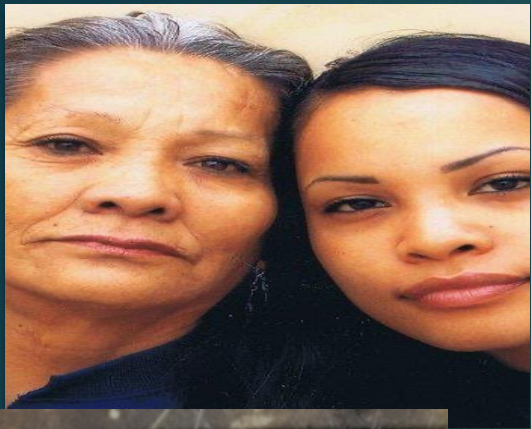


## **MISSION STATEMENT**

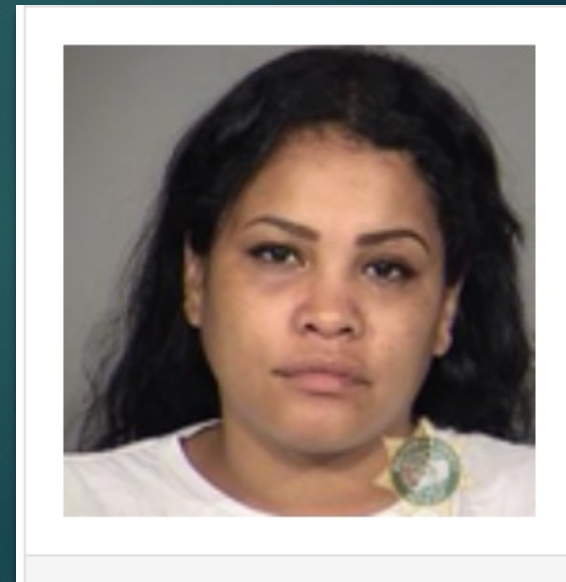
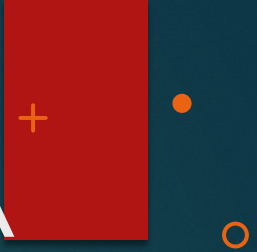
***The Miracles Club is a Black, Peer led, Recovery Center, committed to providing safe spaces for marginalized, historically oppressed racial and ethnic groups. We serve all individuals looking to find freedom and/or reduce harm from alcohol and drug abuse. Our mission is to maintain a recovery focused environment where all people feel safe to heal.***

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# ONESHA COCHRAN- MY STORY





Know your why

# What role does a peer play in reducing harm?





Outreach  
the Heart of  
a peer's  
role



# build community everywhere you go





Hustle Hard So you don't have to  
show up empty handed



# Facing stigma With Needle Exchange



What I put in the bag

FOOD/Cell ph

DOG/CAT FOOD

NARCAN

NEEDLES

WARM

TENTS

GIFT CARDS

WATER/REUSABLE

CLOTHES/COATS

LE BOTTLES

PIPES

BALNKETS

BAR B Q GRILLS

LOTS OF SOCKS

BACK PACKS



# Peer Mentors in Nontraditional Settings



# The IMPACT TEAM





Can Peer Support Help People  
change?

The Hard Part is Inspiring Participants to believe change is possible





I WAS A PEER AS  
PART OF THE IMPACT  
PROGRAM AT OHSU,  
WHICH HELPED ME  
NAVIGATE AND  
TRANSITION INTO A  
NEW WAY TO LIFE.

I WORKED CLOSELY  
WITH MY MENTOR  
AND AM NOW  
COMING BACK WITH  
HOPES TO INSPIRE  
OTHERS AND  
MOTIVATE THEM TO  
DO THE SAME.

And When  
They  
Believe.....

# Policy is a part of Peer work too

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- ▶ If you not at the Table, You WILL BE ON THE MENU
- ▶ Those closest to the problem are closest to the solution but often furthest from the resources



# REVIEW/ QUESTIONS

MEET  
PEOPLE  
WHERE  
THEY  
ARE

DRUG ABUSE  
IS A HEALTH  
ISSUE, NOT A  
CRIMINAL ONE

SUPPORT,  
NOT  
STIGMA

THERE'S MORE  
THAN ONE  
PATH TO  
RECOVERY

THERE'S NO  
RECOVERY FROM  
FATAL OVERDOSE

THE  
OPPOSITE OF  
ADDICTION IS  
CONNECTION

NOT EVERYONE  
IS READY TO  
STOP USING  
DRUGS

WE CAN  
PREVENT  
DEATH BY  
OVERDOSE