

# CULTURAL HEALTH

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PRESENTED BY: JARED ETL



# ABOUT ME

- Jared Etl
- Crow Creek "Sioux" Tribe (Hunkpati Dakota / Sicangu Lakota)
- Currently residing in Lummi, WA
- BA Native Studies Leadership (Northwest Indian College)
- MA Candidate (Sinte Gleska University)
- Career Goals: Instructor/Advisor
- Emphasis: Indigenous methodologies



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MAKHOCEWICAHPIWOWAPI



# FRAMEWORK: INDIGENOUS METHODS



# IMPORTANCE OF CULTURAL HUMILITY

# Wopila

Wopila is an important virtue to our Lakota Way of Life. The literal translation is “thank you,” but it means so much more than that.

You can't thank Tunkasila enough for everything he has done for you. When someone helps you it's always good to give or say thanks.

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COLLABORATIONS /  
QUESTIONS

*“Everything around you is a gift.”*