



# Hear Her: Pregnancy Care in any Trimester

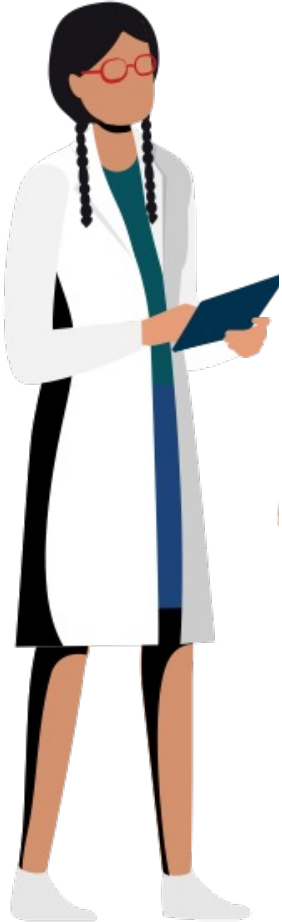


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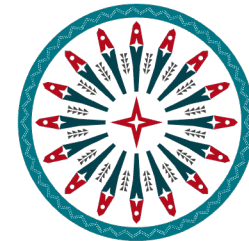


Indian Country Care and Access for Pregnant People ECHO 

# Cases we've all seen...



- 22yo G1P0 with vaginal bleeding and a positive pregnancy test in the emergency room. Now what?
- 35yo G4P2012 at unknown gestation seeking treatment for opioid use disorder. Now what?
- 25yo, visibly pregnant, being evaluated in the emergency room after motor vehicle accident. Now what?

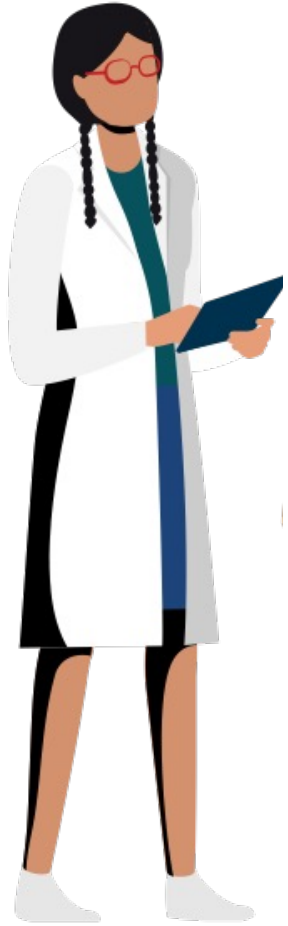


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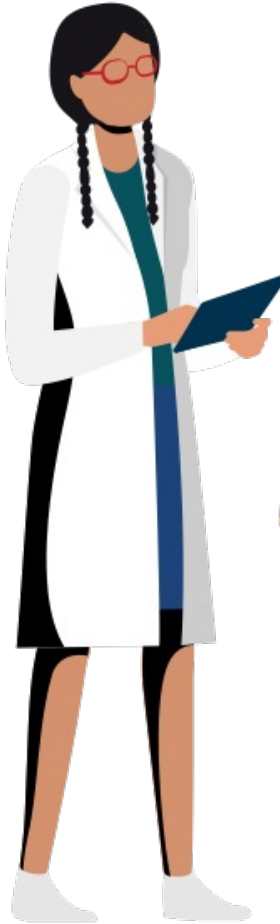
# Outline & Objectives



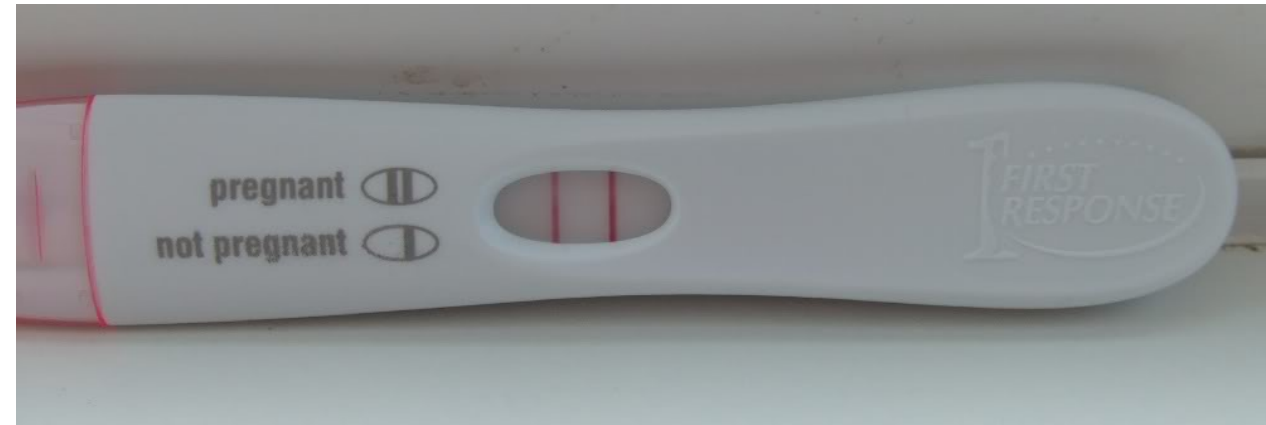
- To establish a broad overview of pregnancy care in each trimester, with special attention to “don’t miss” tests, diagnoses, and evaluations in either the ER or outpatient settings
- To review special considerations including:
  - Pregnancy intendedness in a post-Roe world
  - Pregnancy in the setting of prior cesarean
  - Pregnancy in the setting of substance use disorder
- To understand the importance of intersectionality, racism/colonialism, and stigma on prenatal care for American Indian/Alaska Native, Native American, and Indigenous pregnant people



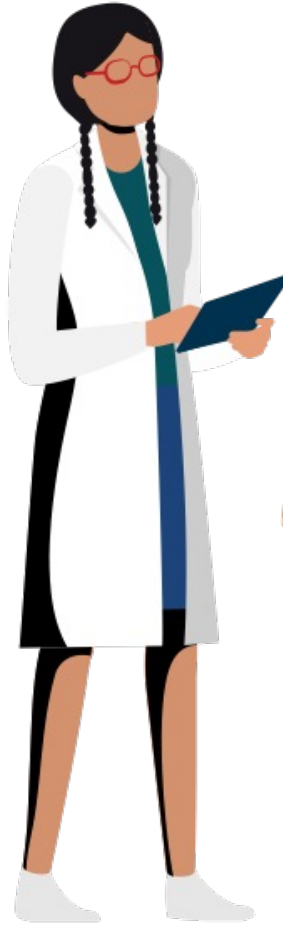
# Pregnancy Presentations



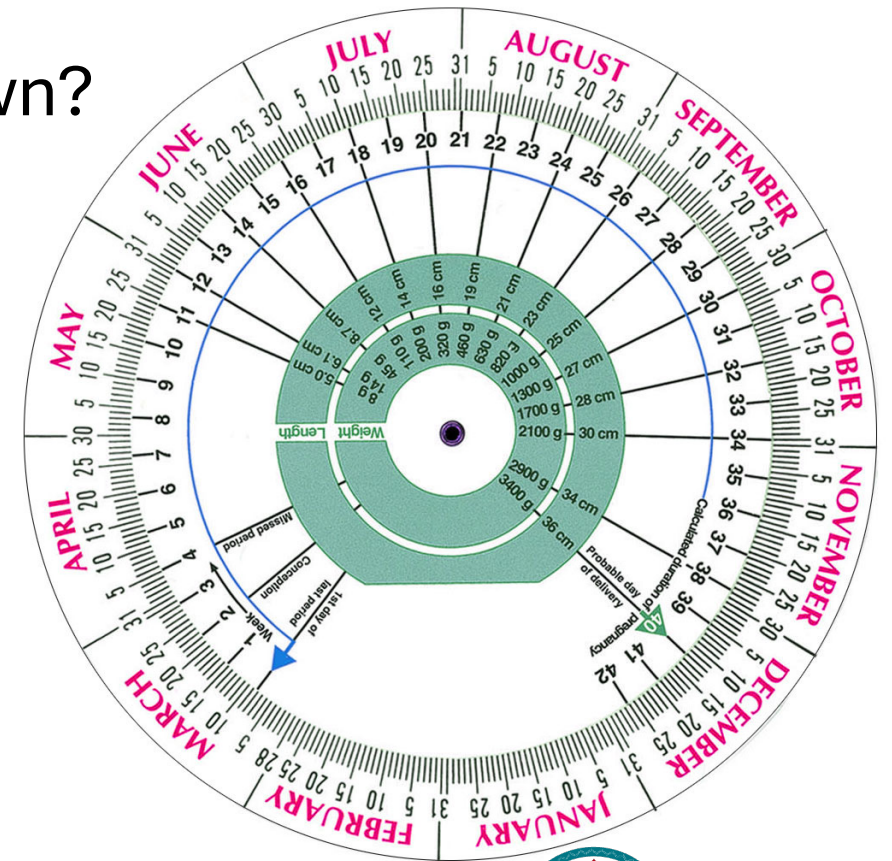
- Vaginal bleeding
- Nausea and vomiting
- Abdominal pain
- Positive pregnancy test @ home
- Mental health deterioration
- Presentation to ED for non-ObGyn concern w incidentally positive pregnancy test



# All the regular history...plus!



- Pregnancy dating – LMP? Unknown?
- History of cesarean
  - Cesarean ectopic
  - Placenta previa/accreta
- Screening – IPV, STI, and SUD
- Pregnancy intendedness
  - Document clearly and without incriminating details



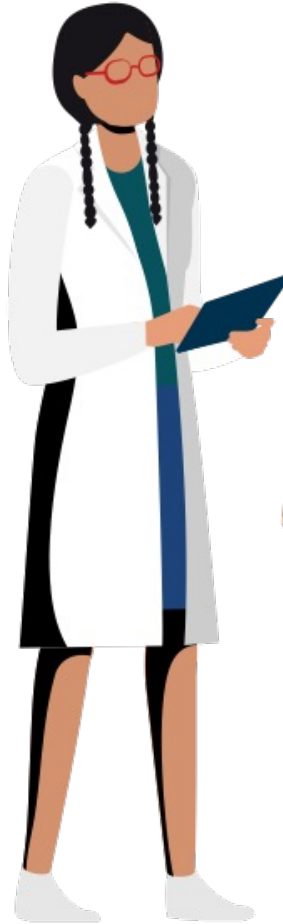
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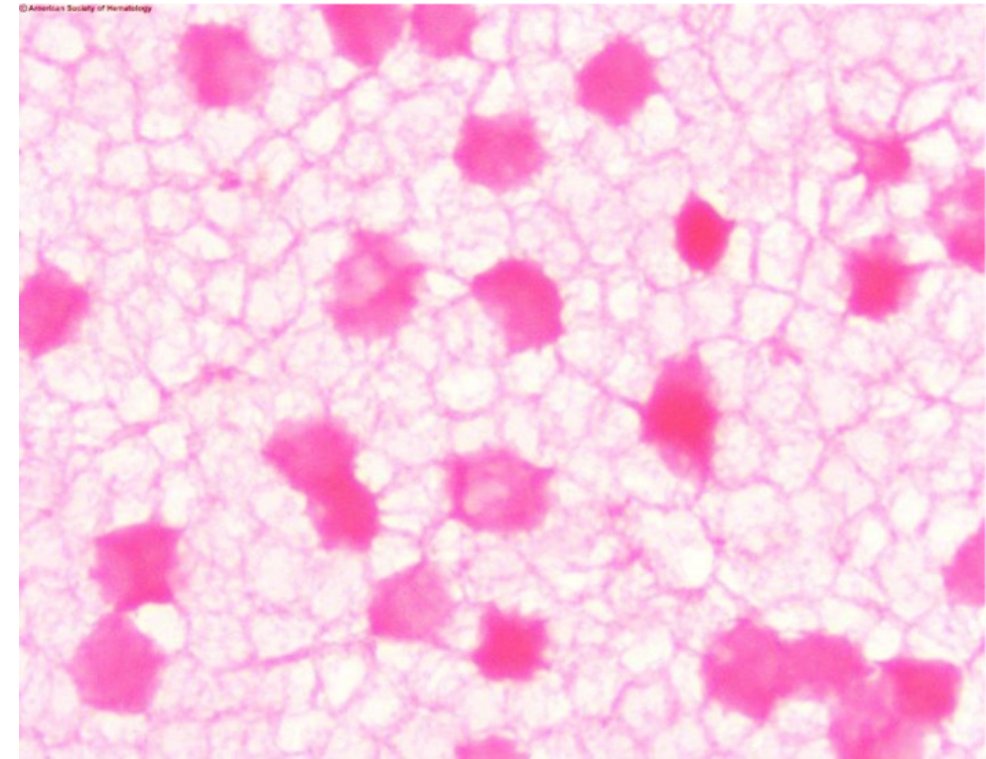
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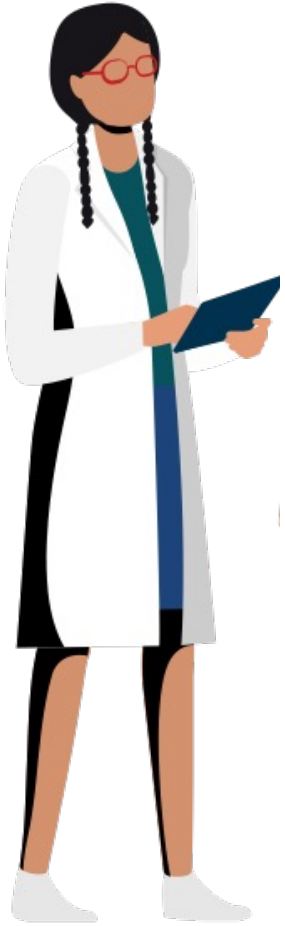
# Labs, labs, labs



- Rh status
  - NEW INFO: <12wks, DO NOT NEED RhoGAM for threatened Ab
  - Unlikely to need/vs only need 50mcg for spontaneous Ab, medication Ab
- RPR/Treponemal test
- HIV
- Hep B/C
- Urine culture
- CBC



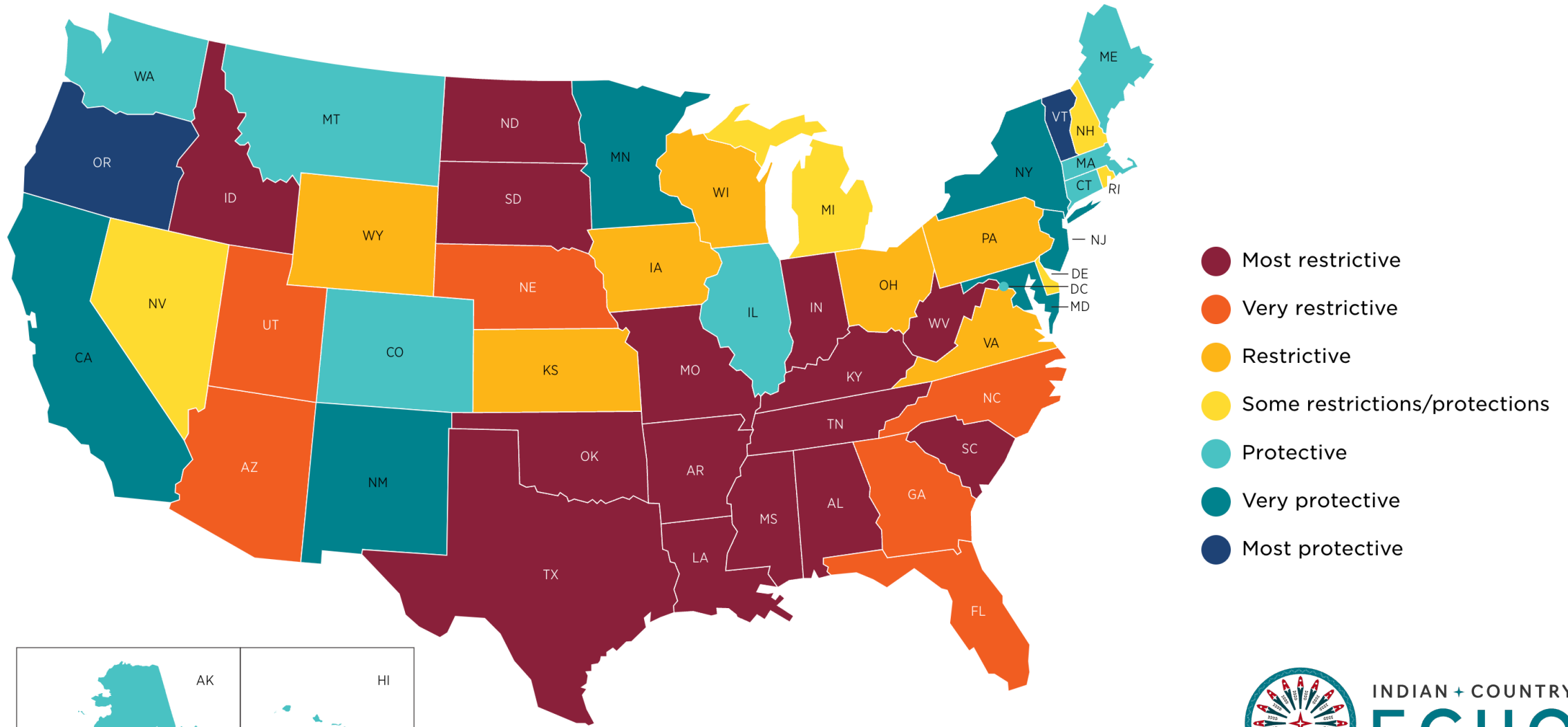
# Prenatal care by trimester



- First trimester
  - Dating – US if any concern
  - First trimester labs
  - STI, SUD, IPV, MH screens
- Second trimester
  - Anatomic survey
  - STI, SUD, IPV, MH screens
- Third trimester
  - Glucose tolerance test
  - Anemia screening
  - STI, SUD, IPV, MH screens
  - +/- growth ultrasound
  - RhoGAM PRN
- Any time
  - Vaccines as due
  - Pap
  - Contraception
  - STI, SUD, IPV, MH screens



# Special considerations – Pregnancy Intendedness



<https://states.guttmacher.org/policies/>



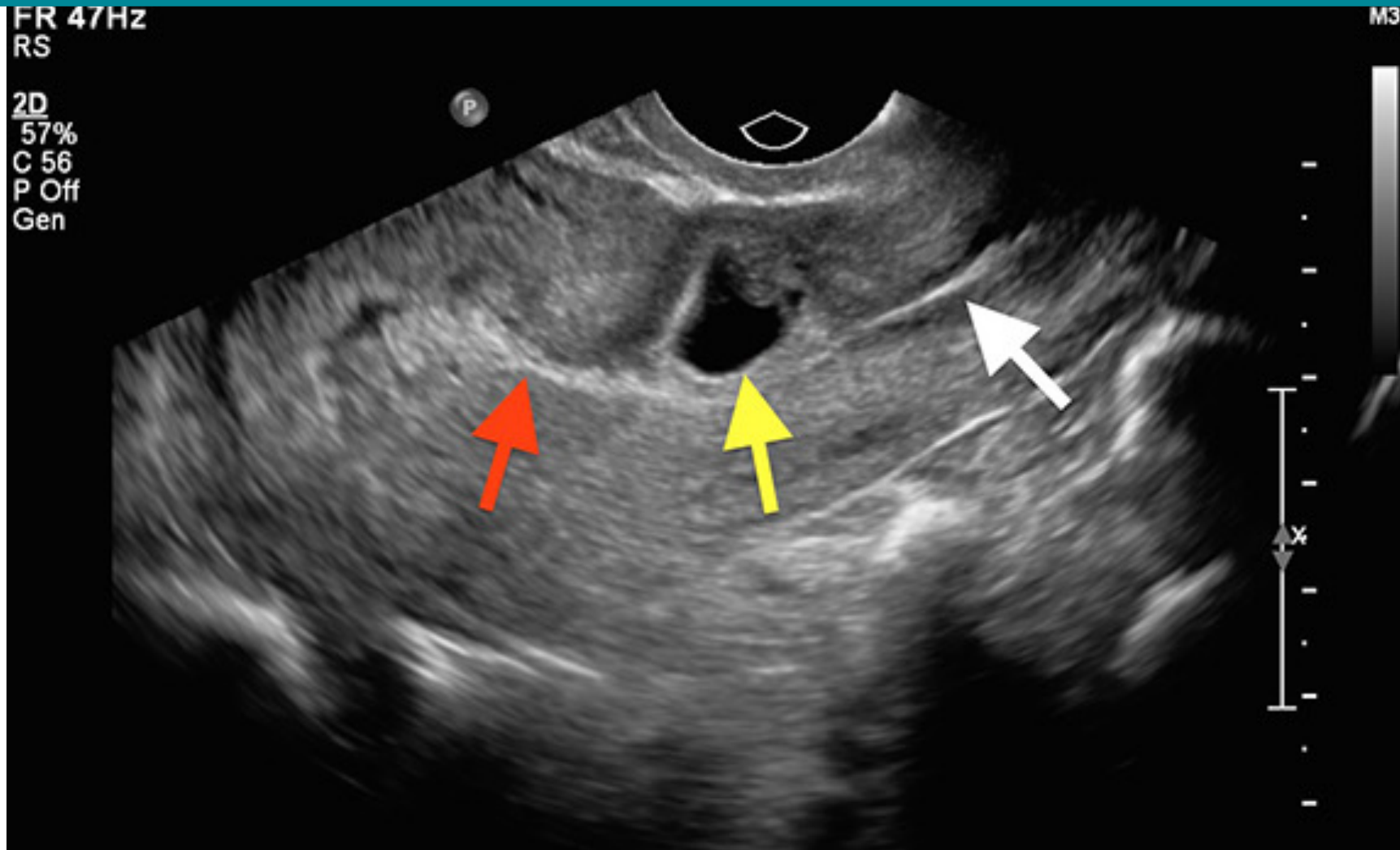
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# Special considerations – History of Cesarean



# Special considerations – SUD or MH concerns

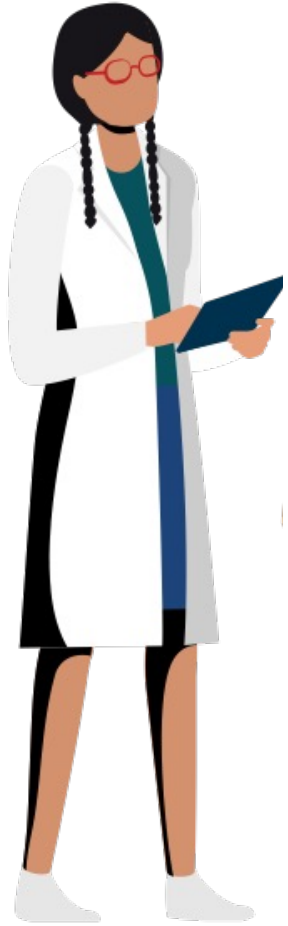


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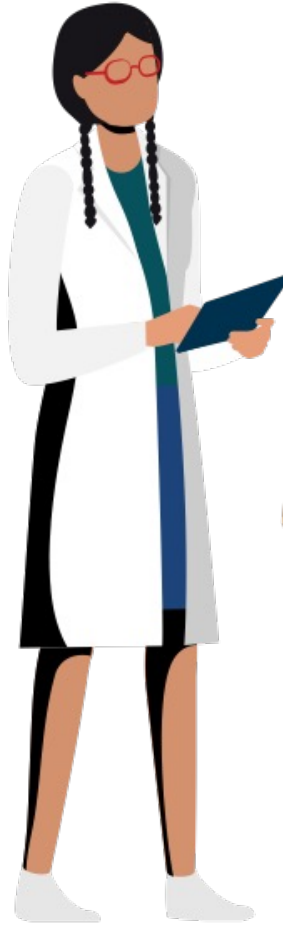
# Intersectionality and Structural Racism/Colonialism



- Qualitative data – concern about predominantly White health care institutions, provider assumptions, stigma, maternal-infant dyad separation
- Quantitative data – bears out the reasons for concern
  - PRAMS findings
  - Maternal-infant dyad separation
  - Non-reunification
- Lack of culturally-responsive or culturally-integrated care



# Warm hand-offs



- Critical to success
- Varies from setting to setting
- Develop relationships

