Substance Use Treatment During Pregnancy February 2024

(%



Native American Connections (NAC) Mission Statement

Reproving the lives of families through Native American culturally competent behavioral health, affordable housing, and community development services.



Intergenerational Trauma to Intergenerational Healing

- Removal from the Family Environment
- Boarding Schools
- Incarcerations
- Social Services
- Substance Use
- o Stigma



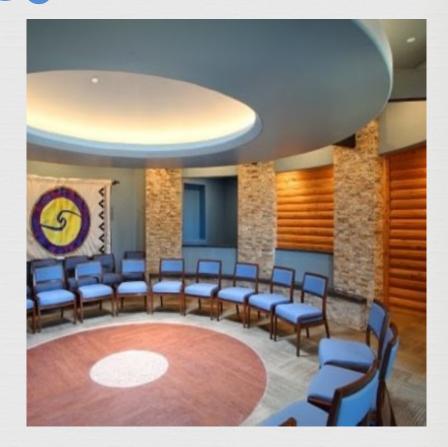
Healing/Protective Factors

- Keeping the family together in SUD treatment avoiding an episode of abandonment
- Parents can focus on their program with child on site with Childcare Provider.
- Developing healthy relationships and healthy support network.
- Normalize sobriety in the family unit.
- Addressing mental health, medical and prenatal needs.



Cultural Methods for Healing

- Red Road / Wellbriety
- Talking Circles
- Smudging and Prayer
- Positive Indian Parenting
- Healthy Relationships
- GONA (Gathering of Native Americans)
- Cultural Arts
- Songs and Drumming
- Sweat Lodge Ceremony
- Gardening
- Keeping Families Together



Community Involvement

Collaborating

- CR Connecting and supporting prenatal, medical and psychiatric care
- CR Connecting pregnant members with resources such as Hushabye Nursery
- Adult Recovery Teams to include probation, social services, MAT providers
- Supporting family healing through Sweat Lodge Ceremony
- Partnership with City of Phoenix with caring for and harvesting Willows



Assuring Client Success with Our Integrated Health Model

- Intergeneration Healingbenefit of whole family treatment in substance use disorder services
- Evidenced Based Practices combined with Native Culturally Appropriate Practices
- Trauma-informed, personcentered care



Clients Served in Residential: January – December 2023

Patina Wellness Center:

Total Admissions-303

- Remales: 238
- Children: 33
- Rales: 65
 - Couples: 64 (1 Same Sex Couple)

 - Regnant: 14
 - Postpartum: 17

Patina Mountain Preserve:

Total Admissions-249 Real Males: 249 Total Graduates-144



Client Testimonials

- I learned about myself, the tools I need to make improvements and how to forgive myself.
- NAC helped me get my children back and now I can leave treatment sober and with my children.
- I was grateful for the childcare to help with my son, allowing me to go to classes, make our pediatric appointments and have patience with each other.
- I really enjoyed the sweat lodge. It helped me find my spirituality again.
- NAC was a great experience for me. My clinical team was very helpful. The daycare provider was wonderful with my child. She gave me resources to help me be a better parent in my recovery journey.