

Substance Use Treatment During Pregnancy

February 2024



Native
American
Connections

Native American Connections (NAC) Mission Statement



☞ **Improving the lives of families through Native American culturally competent behavioral health, affordable housing, and community development services.**



Intergenerational Trauma to Intergenerational Healing



- **Removal from the Family Environment**
- **Boarding Schools**
- **Incarcerations**
- **Social Services**
- **Substance Use**
- **Stigma**



Healing/Protective Factors



- ❧ **Keeping the family together in SUD treatment avoiding an episode of abandonment**
- ❧ **Parents can focus on their program with child on site with Childcare Provider.**
- ❧ **Developing healthy relationships and healthy support network.**
- ❧ **Normalize sobriety in the family unit.**
- ❧ **Addressing mental health, medical and prenatal needs.**



Cultural Methods for Healing



- **Red Road / Wellbriety**
- **Talking Circles**
- **Smudging and Prayer**
- **Positive Indian Parenting**
- **Healthy Relationships**
- **GONA (Gathering of Native Americans)**
- **Cultural Arts**
- **Songs and Drumming**
- **Sweat Lodge Ceremony**
- **Gardening**
- **Keeping Families Together**



Community Involvement



Collaborating

- ❧ **Connecting and supporting prenatal, medical and psychiatric care**
- ❧ **Connecting pregnant members with resources such as Hushabye Nursery**
- ❧ **Adult Recovery Teams to include probation, social services, MAT providers**
- ❧ **Supporting family healing through Sweat Lodge Ceremony**
- ❧ **Partnership with City of Phoenix with caring for and harvesting Willows**



Assuring Client Success with Our Integrated Health Model



- **Intergeneration Healing- benefit of whole family treatment in substance use disorder services**
- **Evidenced Based Practices combined with Native Culturally Appropriate Practices**
- **Trauma-informed, person-centered care**



Clients Served in Residential: January – December 2023



Patina Wellness Center:

Total Admissions-303

☞ **Females: 238**

☞ **Children: 33**

☞ **Males: 65**

☞ **Couples: 64 (1 Same Sex Couple)**

☞ **Mothers: 27 Dads: 2**

☞ **Pregnant: 14**

☞ **Postpartum: 17**

Patina Mountain Preserve:

Total Admissions-249

☞ **Males: 249**

Total Graduates-144



Client Testimonials



- ❧ **I learned about myself, the tools I need to make improvements and how to forgive myself.**
- ❧ **NAC helped me get my children back and now I can leave treatment sober and with my children.**
- ❧ **I was grateful for the childcare to help with my son, allowing me to go to classes, make our pediatric appointments and have patience with each other.**
- ❧ **I really enjoyed the sweat lodge. It helped me find my spirituality again.**
- ❧ **NAC was a great experience for me. My clinical team was very helpful. The daycare provider was wonderful with my child. She gave me resources to help me be a better parent in my recovery journey.**